

AGE WISE

686 E. Mill St.
SAN BERNARDINO

18818 Highway 18
APPLE VALLEY



Aging and Adult Services
Public Guardian

AGE WISE

Our goal is to help individuals maintain the best possible behavioral and physical health, in order to increase the ability to sustain independent living and well-being.

Call for additional information:

1 (800) 451-5633

TTY users dial 7-1-1

Monday through Friday
8 a.m. to 5 p.m.



www.SBCounty.gov/daas





OVERVIEW

Age Wise is a non-traditional mental health program for the high-risk and under served older adult population. Services are provided throughout San Bernardino County to older adults who would benefit from behavioral health and wellness services and who may be seeking assistance connecting to resources to help meet basic needs. The Age Wise program includes a team of staff with diverse health and wellness specialties and utilizes a multidisciplinary approach, including collaboration with other agencies serving older adults.

WAYS WE ASSIST OUR SENIORS

- Offering behavioral health and wellness therapy
- Providing intensive case management
- Locating and connecting to resources
- Completing forms and applications
- Addressing the stigma of participating in the behavioral health and wellness system

ELIGIBILITY FOR SERVICES

An individual may qualify for services through the Age Wise program if he/she meets the following requirements:

- 59 years of age or older
- Receives or qualifies for Medi-Cal

Individuals are encouraged to inquire about services if they are experiencing one or more of the following:

- Feeling isolated
- Having or may have a behavioral health condition
- Working through family or relational concerns
- Responding to a recent behavioral health hospitalization
- Experiencing thoughts or behaviors which negatively impact daily functioning

If you do not qualify for Age Wise, we can connect you to services in your community.

**FOR MORE INFORMATION,
CONTACT AGE WISE AT 1(800) 451-5633.**