

HELPFUL **RESOURCES** for Seniors

1=1

Aging and Adult Services

Aging is not lost youth, but a new stage of opportunity and strength. -Betty Friedan

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AGING AND ADULT SERVICES

The Department of Aging and Adult Services-Public Guardian (DAAS-PG) offers a variety of programs and services designed to foster independence, choice and quality of life for senior citizens, dependent adults and their caregivers. There are offices located throughout the county to serve older adults. For more information, visit http://hss.sbcounty.gov/daas.

Barstow (760) 256-5544

Senior Information and Assistance (SIA) (760) 256-3564

536 E. Virginia Wy. Barstow, CA 92311

Needles

(760) 326-9328

SIA (760) 326-9224

1090 E. Broadway St. Needles, CA 92363

Victorville (760) 243-8400

SIA (760) 243-8459

17270 Bear Valley Rd., Ste. 108 Victorville, CA 92395

San Bernardino Office (909) 891-3900

SIA (909) 891-3810

784 E. Hospitality Ln. San Bernardino, CA 92415

Rancho Cucamonga Office (909) 948-6200

SIA (909) 948-6235

9445 Fairway View Pl., Ste. 110 Rancho Cucamonga, CA 91730

Yucca Valley Office (760) 228-5390

SIA (760) 228-5219

56357 Pima Trl. Yucca Valley, CA 92284

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Adult Protective Services (APS)

24-hour hotline

1 (877) 565-2020

Adult Protective Services (APS) aims to prevent and remedy the abuse and exploitation of elderly individuals age 60 and older and dependent and vulnerable adults, age 18 and older. The APS program provides protection and remedial activities on behalf of elder and dependent adults unable to protect their own interests, harmed or threatened with harm, or victims of physical or mental injury due to the action or inaction by themselves or other persons.

In-Home Supportive Services (IHSS)

Referral line **1 (877) 800-4544**

Paycheck service line **1 (800) 722-4595**

Provides assistance to eligible aged, blind and disabled individuals who without this care, would be unable to remain safely in their own homes. Provides services according to the client's needs, e.g., feeding, bathing, dressing, housekeeping, laundry, shopping errands, meal preparation and meal clean up, respiration, bowel and bladder care, moving in-and out-of bed, rubbing the skin (to prevent skin breakdown), accompaniment to medical appointments, paramedical services and protective supervision.

Legal Services

The County offers many free legal services to qualified individuals. Refer to the Legal Services section of this brochure for more information.

Long-Term Care Ombudsman 1 (800) 334-9473

Ombudsmen are independent, objective, neutral persons who advocate for dignity, quality of life and care for all residents in long-term care facilities. The Ombudsman receives, investigates and resolves complaints by or on behalf of residents in long-term care facilities, skilled nursing facilities and community care licensed board and care homes.



AGING AND ADULT SERVICES (cont.)

Multipurpose Senior Services Program (MSSP) 1 (877) 565-2020

Program helps to avoid or delay the inappropriate placement of persons in nursing facilities, while fostering independent living in the community. Services include basic housekeeping, chores, personal hygiene, personal health care chores, grocery shopping and transportation to non-emergency medical appointments.

Public Guardian (909) 798-8500

686 E. Mill St. San Bernardino, CA 92415

The goal of the Public Guardian is to ensure the safety, both financially and physically, of incompetent and mentally disabled persons, who meet the criteria for conservatorship, as required by law, when there are no viable alternatives to public conservatorship.

Senior Information and Assistance (SIA) 1 (800) 510-2020

Program provides information and assistance to older adults. Clients are provided referrals to government and nonprofit agencies and provided assistance and advocacy in accessing services and programs. Follow-up and evaluation are provided to ensure the client is receiving the needed services. SIA also provides linkages to the other DAAS-PG programs, such as:

Senior Nutrition Services 1 (800) 510-2020

Program includes the procurement, preparation, transportation and service of balanced meals, nutrition education and counseling to older persons at group nutrition sites and to homebound individuals. Congregate meals are served to older adults, 60 years of age or older, their spouses and eligible individuals with disabilities under age 60. **See also listing under Nutrition/Food Programs.**

Senior Community Service Employment Program (909) 798-8563 or (909) 798-8564

San Bernardino Office

784 E. Hospitality Ln. San Bernardino, CA 92408

Victorville Office

17270 Bear Valley Rd., #108 Victorville, CA 92395

Rancho Cucamonga Office

9445 Fairway View Pl., #110 Rancho Cucamonga, CA 91730

Offers part-time on-the-job training positions to gualified persons. To qualify for the program a person must be at least 55 years old, an unemployed resident of San Bernardino County and meet federal low-income guidelines. Positions with the Senior Training and Employment Program are not meant to be permanent employment. The Senior Training and **Employment Program is a** pathway to employment through on-the-job training.

Family Caregiver Support Program 1 (800) 510-2020

Program serves caregivers that provide care for an elderly person on an informal basis. A caregiver can be a spouse, daughter or son, grandparent, aunt, uncle or a neighbor. Services can include case management, transportation, assisted transportation, counseling, caregiver support group, caregiver training, respite (in-home, day care or institutional) and supplemental services designed to complement care provided by caregivers; e.g., minor home modification, placement, homemaker, chores, home security and safety, assistive devices, visiting and legal assistance.

For more information on any DAAS-PG programs and services, or to receive a referral to a particular program, call SIA at: 1 (800) 510-2020



ANIMAL CARE AND CONTROL

San Bernardino County Animal Care and Control

24-hour helpline

1 (800) 472-5609

351 N. Mountain View Ave. San Bernardino, CA 92415

https://animalcare.sbcounty. gov/

The San Bernardino County Animal Care and Control program services the unincorporated areas of San Bernardino County including unincorporated Fontana, Devore and Rim of the World Mountain Communities. The department's purpose is to prevent rabies in humans and pets, to educate the public about responsible pet ownership, including the importance of spaying and neutering, to protect and serve the public and pets by enforcing all laws and ordinances pertaining to Animal Care and Control, to care for all animals domestic and wild, to reunite lost pets with their owners and to place unwanted pets into new homes.

San Bernardino County Mosquito and Vector Control Program Environmental Health Services 1 (800) 442-2283

385 N. Arrowhead Ave., 2nd Fl. San Bernardino, CA 92415

https://wp.sbcounty.gov/ dph/programs/ehs/mosquitovector-control/

Responds to citizen complaints/service requests for community control of vectors (including mosquitoes, flies, roaches, rodents, ticks, fleas, Africanized Honey Bees, etc.).

City of Adelanto Animal Control (760) 246-2300

11600 Air Expy. Adelanto, CA 92301

www.ci.adelanto.ca.us/148 Animal-Care-Control

City of Hesperia Animal Control (760) 947-1700

11011 Santa Fe Ave. Hesperia, CA 92345

www.cityofhesperia.us.org

City of Victorville Animal Care and Control Department (760) 955-5089

14206 Amargosa Rd. Victorville, CA 92392

https://www.victorvilleca. gov/government/citydepartments/development/ animal-care-and-control

Town of Apple Valley Animal Control (760) 240-7000, ext. 7555

Town of Apple Valley Shelter

22131 Powhatan Rd. Apple Valley, CA 92308

www.applevalley.org

The Town of Apple Valley offers licensing, microchip identification and adoptions.

The Victor Valley Animal Protective League (760) 247-2102

21779 Zuni Rd. Apple Valley, CA 92307

www.vvapl.com

The Victor Valley Animal Protective League is a private, non-profit corporation, impound shelter that contracts with local cities to serve as a shelter.

The Humane Society of San Bernardino Valley (909) 386-1400

374 W. Orange Show Rd. San Bernardino, CA 92408

https://hssbv.org/

Barstow Humane Society (760) 252-4800

2480 E. Main St. Barstow, CA 92311

www.barstowhumanesociety.net

The Barstow Humane Society is a private, non-profit agency.



ANIMAL CARE AND CONTROL (cont.)

Morongo Basin Humane Society (760) 366-3786

4646 Sun View Ave. Joshua Tree, CA 92252 www.mbhumanesociety.com/

Redlands Animal Shelter and Control (909) 798-7644

504 Kansas St. Redlands, CA 92373 www.cityofredlands.org/ animal-control

Palms and Paws Animal Shelter (760) 367-0157

7086 Bullion Ave. Twentynine Palms, CA 92277

https://www.ci.twentyninepalms.ca.us/palmsnpaws

Town of Yucca Valley Animal Control Services

Animal Control (760) 365-1807

https://www.yucca-valley.

org/our-town/departments/ community-development/ animal-control

Shelter **(760) 365-3111**

4755 Malin Wy. Yucca Valley, CA 92284

Inland Valley Humane Society (909) 623-9777

After-hours line and emergency (909) 594-9858

500 Humane Wy. Pomona, CA 91766

www.ivhsspca.org

The City of Rancho Cucamonga Animal Care and Adoption Center (909) 466-PETS (7387)

11780 Arrow Rte. Rancho Cucamonga, CA 91730

www.rcpets.info

Serves the residents of the City of Rancho Cucamonga. Services include capturing vicious or dangerous animals, or animals posing a traffic hazard; rescuing stray, sick or injured animals, or abandoned animals. Investigates cases

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of animal cruelty or neglect; picking up confined stray animals, investigating barking and other nuisance noise complaints; picking up stray and deceased wild animals.

Upland Animal Shelter 1 (800) 627-1545 (909) 931-4185

1275 San Bernardino Rd. Upland, CA 91786

www.

friendsofuplandanimalshelter. org

Serves the residents of the City of Upland. Services include micro-chipping dogs/cats adopted from the shelter free of charge, along with those dogs/cats belonging to Upland residents; impounding the stray and homeless dogs/cats found abandoned or lost within the local community; and providing a low-cost rabies vaccination clinic.

Bee Removers (909) 626-2929

P. O. Box 343 Claremont, CA 91711

Program serves the residents of Fontana, Rancho Cucamonga, and Upland. Removes bees, wasps, and hornets from buildings, trees and bushes. There is a fee/charge.

Environmental Health Services 1 (800) 442-2283

8575 Haven Ave., Ste. 130 Rancho Cucamonga, CA 91730

San Bernardino Shelter (909) 384-1304

333 Chandler Pl. San Bernardino, CA 92408

Devore Animal Shelter (909) 386-9820

19777 Shelter Wy. San Bernardino, CA 92407

Big Bear Animal Shelter (909) 866-4943

42080 North Shore Rd./ Stanfield Cutoff Big Bear Lake, CA 92314

Needles Animal Shelter (760) 326-4952

1662 Flip Mendez Pkwy. Needles, CA 92363

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CALIFORNIA HIGHWAY PATROL

In case of emergency – dial 911 Victorville (760) 241-1186

14210 Amargosa Rd. Victorville, CA 92392

Barstow

General Business

(760) 255-5900

Dispatch

(760) 255-8750

300 E. Mountain View St. Barstow, CA 92311

Needles (760) 326-2000

1916 J St. Needles, CA 92363

Morongo Basin (760) 366-3707

63683 Twentynine Palms Hwy. Joshua Tree, CA 92252

Rancho Cucamonga (909) 980-3994

9530 Pittsburgh Ave. Rancho Cucamonga, CA 91730

http://www.chp.ca.gov

Station serves the freeways of Rancho Cucamonga, Upland, San Antonio Heights, Fontana, Chino and other areas.

Running Springs (909) 867-2791

31230 Highway 18 P. O. Box 997 Running Springs, CA 92392

http://www.chp.ca.gov

Station provides enforcement of traffic laws for the Rim of the World Mountain Communities.

SAN BERNARDINO COUNTY SHERIFF'S DEPARTMENT PATROL STATIONS

Central Sheriff's Headquarters (909) 884-0156

655 E. 3rd St. San Bernardino, CA 92415

wp.sbcounty.gov/sheriff

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Apple Valley (760) 240-7400

14931 Dale Evans Pkwy. Apple Valley, CA 92307

Barstow - Trona (760) 256-4838

225 E. Mountain View Barstow, CA 92311

Barstow Station serves the unincorporated areas of Barstow and surrounding area.

Big Bear - Big Bear Lake (909) 866-0100

477 Summit Blvd. Big Bear Lake, CA 92315

Chino Hills Sheriff's Station (909) 364-2000

14077 Peyton Dr. Chino Hills, CA 91709

Colorado River Station (760) 326-9200

1111 Bailey Ave. Needles, CA 92363

Fontana Sheriff's Station (909) 356-6767

Non-emergency (909) 829-7311

17780 Arrow Blvd. Fontana, CA 92335

Station serves the residents in the County areas of Fontana, Bloomington, Rialto and Lytle Creek and unincorporated areas of Upland, Montclair, Ontario and Chino.

Hesperia Patrol Station (760) 947-1500

15840 Smoke Tree St. Hesperia, CA 92345

Highland (909) 425-9793

26985 E. Baseline Ave. Highland, CA 92346

Morongo Basin Station (760) 366-4175

Non-emergency **(760) 956-5001**

63665 Twentynine Palms Hwy. Joshua Tree, CA 92252

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SAN BERNARDINO COUNTY SHERIFF'S DEPARTMENT PATROL STATIONS (cont.)

Needles (760) 326-9200

1111 Bailey Ave. Needles, CA 92363

Rancho Cucamonga (909) 477-2800

10510 Civic Center Dr. Rancho Cucamonga, CA 91730

Twentynine Palms (760) 367-9546

Yucca Valley (760) 366-4175

63665 Twentynine Palms Hwy. Joshua Tree, CA 92252

Twin Peaks Sheriff's Station (909) 336-0600

26010 Highway 189 Twin Peaks, CA 92391

Mailing address: P. O. Box 384 Twin Peaks, CA 92391

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Station provides law enforcement services for Rim of the World Mountain Communities.

Victor Valley-Adelanto (760) 552-6800

11613 Bartlett Ave. Adelanto, CA 92301

Serves the City of Adelanto and the unincorporated areas of the Victor Valley.

Lucerne Valley Substation (760) 248-7655

32818 Verdugo Rd. Lucerne Valley, CA 92356

Phelan Substation (760) 995-8781

4050 Phelan Rd. Phelan, CA 92329

Victorville (760) 241-2911

14200 Amargosa Rd. Victorville, CA 92392

Serves the areas within the city limits of Victorville.

Yucaipa-Mentone (909) 918-2305

34144 Yucaipa Blvd. Yucaipa, CA 92399

POLICE DEPARTMENTS

Barstow

Business **(760) 255-5111**

Dispatch (760) 256-2211

220 E. Mountain View St., Ste. B Barstow, CA 92311

https://www.barstowca.org/ departments/police

The Barstow Police Department serves the residents of the City of Barstow.

Chino

Business **(909) 334-3000**

Non-emergency dispatch (909) 628-1234

5450 Guardian Wy. Chino, CA 91710

Colton (909) 370-5000

650 N. La Cadena Dr. Colton, CA 92324

https://www.coltonpd.org/

Fontana

Non-emergency

(909) 350-7740

17005 Upland Ave. Fontana, CA 92335

https://www.fontana.org/112/ Police-Department

Station serves the residents of the City of Fontana.

Montclair

Business **(909) 448-3600**

Dispatch **(909) 621-4771**

4870 Arrow Hwy. Montclair, CA 91763

www.city-government/policedepartment

POLICE DEPARTMENTS (cont.)

Loma Linda-Grand Terrace

General business (909) 387-3545

Court services (909) 884-0156

Public Information 655 E. 3rd St. San Bernardino, CA 92415

Ontario

Business **(909) 395-2001**

Non-emergency (909) 829-7311

2500 S. Archibald Ave. Ontario, CA 91761 www.ontario.ca.gov/police

Redlands (909) 798-7681

1270 W. Park Ave., Bldg. C Redlands, CA 92373 https://www.cityofredlands. org/police

Rialto (909) 820-2550

128 N. Willow Ave. Rialto, CA 92376

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www.rialtopolice.com

Rancho Cucamonga (909) 477-2800

Non-emergency dispatch (909) 941-1488

10510 Civic Center Dr. Rancho Cucamonga, CA 91730

https://www.cityofrc.us/ public-safety/police

Station serves the residents of Rancho Cucamonga.

San Bernardino (909) 384-5742

24-hour, non-emergency (909) 383-5311

710 N. D St. San Bernardino, CA 92401

www.sbcity.org/city_hall/ police_department

Upland Police Department

Business **(909) 946-7624**

Dispatch **(909) 982-1331**

1499 W. 13th St. Upland, CA 91786

https://www.uplandca.gov/police



DISABILITIES RESOURCES

Alzheimer's Association (909) 406-5376

24-hour helpline

1 (800) 272-3900

3200 Inland Empire Blvd. Ontario, CA 91764

www.alz.org

Arthritis Foundation 1 (800) 283-7800

www.arthritis.org/california

Eye Care America

Referrals by phone **1 (800) 222-3937 1 (877) 887-6327**

https://www.aao.org/eyecareamerica

Provides older adults, 65 and older with information regarding eye care referrals to volunteer ophthalmologists in their area.

Blindness Support Services (951) 341-9244

3696 Beatty Dr., Ste. A Riverside, CA 92506 www.blindnesssupport.com

The Braille Institute 1 (800) BRAILLE or 1 (800) 272-4553

Local office serving San Bernardino County. **(760) 321-1111, ext. 1215**

www.brailleinstitute.org

Free services for blind and visually impaired people. Braille Institute offers a wide array of services designed to help people with vision loss lead enriched and fulfilling lives. A representative of the Braille Institute is in Victorville the last Tuesday of each month at the Desert Valley Charitable Foundation building located on the corner of Second and Bear Valley Road in front of Desert Valley Hospital. Appointment is required. Call for more information or to schedule an appointment.



DISABILITIES RESOURCES (cont.)

Inland Empire Lighthouse for the Blind, Inc. (909) 884-3121

359 E. ParkCenter Circle South San Bernardino, CA 92408

www.ielighthousefortheblind.org

School for partially-sighted or legally-blind individuals. Offers transportation from clients' homes to the school. Training in Braille mobility, getting around the kitchen, cooking, basket weaving, macramé, ceramics and sewing classes.

California Council of the Blind High Desert Chapter (760) 245-7137 1 (800) 221-6359

www.ccbnet.org

17270 Bear Valley Rd., Ste. 108 Victorville, CA 92395

The mission of the California Council of the Blind (CCB) is to gain full independence and equality of opportunity for all blind and visually impaired Californians. CCB is a nonprofit tax-exempt organization composed primarily of Californians who are blind or have low vision.

California Department of Rehabilitation

Provides services for individuals with disabilities who are in search of employment.

https://www.dor.ca.gov/

San Bernardino Office (909) 383-4401

464 W. 4th St., Ste. 152 San Bernardino, CA 92401

Ontario Office (909) 948-6050

3595 Inland Empire Blvd., Bldg. 4, Ste. 100 Ontario, CA 91764

Victorville Office (760) 243-6024

15415 W. Sand St., 2nd Fl. Victorville, CA 92392

California Relay Service (CRS) 711 or

Customer care **1 (877) 632-9095**

English **1 (800) 855-7100**

Spanish **1 (800) 855-7200**

www.hamiltonrelay.com

California Telephone Access Program 1 (800) 806-1191

Riverside Service Center 2002 Iowa Ave., Ste. 106 Riverside, CA 92507

https://californiaphones.org/

The California Telephone Access Program (CTAP) distributes telecommunications equipment and services for individuals certified as having functional limitations of hearing, vision, mobility, speech and/or interpretation of information.

Inland Caregiver Resource Center 1 (800) 675-6694

(909) 514-1404

1430 E. Cooley Dr., Ste. 240 Colton, CA 92324

Inland Regional Center (909) 890-3000

1365 S. Waterman Ave. San Bernardino, CA 92408

www.inlandrc.org

Inland Regional Center is a springboard to greater independence for people with developmental disabilities, providing case management and service coordination to clients in the Inland Empire.

OPARC (909) 985-3116

9029 Vernon Ave. Montclair, CA 91763

www.oparc.org

Serves older adults with disabilities in the Inland Empire. Services include opportunities for paid work, community integration and leisure activities. Serves adults with intellectual and developmental disabilities.



Neuro Vitality Center (760) 323-7676

2800 E. Alejo Rd. Palm Springs, CA 92262

www.neurovitalitycenter.org

Provides low-cost rehabilitation services to stroke survivors, Parkinson's disease, multiple sclerosis, other neuro disorders and traumatic brain injuries.

Rolling Start, Inc. San Bernardino Office (909) 890-9516

1955 S. Hunts Ln., Ste. 101 San Bernardino, CA 92408

Hesperia Office (760) 949-7626

15550 Main St., Ste. C-12 Hesperia, CA 92345

www.rollingstart.com

The mission statement of Rolling Start is to empower and educate people with disabilities to achieve the independent life of their choice. Rolling Start provides independent living skills, assistive devices and

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consumer advocacy for clients with disabilities.

You Are Not Alone-YANA

YANA is a program offered by the following San Bernardino County Sheriff's Departments and run by volunteers. The program offers friendly phone calls to the disabled and elderly on a regular basis. The purpose of this program is to maintain contact with the elderly and disabled persons who live alone.

Apple Valley Sheriff's Station (760) 240-7400, ext. 7428

14931 Dale Evans Pkwy. Apple Valley, CA 92307

Hesperia Sheriff's Station (760) 947-1549

15840 Smoke Tree St. Hesperia, CA 92345

Silver Lakes Citizens on Patrol (760) 951-8481

27801 Mountain Springs Rd. P. O. Box 179 Silver Lakes, CA 92342

Morongo Basin Sheriff's Station (760) 366-4175

63665 Twentynine Palms Hwy. Joshua Tree, CA 92252

In case of emergency-dial 911



California Department of Forestry and Fire Protection-Headquarters (909) 881-6900

3800 N. Sierra Wy. San Bernardino, CA 92405

www.fire.ca.gov

Adelanto-Station 322 (760) 246-3331

10370 Rancho Rd. Adelanto, CA 92301

Baker-Station 53 (760) 733-4026

72734 Baker Blvd. Baker, CA 92309

Barstow-Fire Station (760) 256-2254

861 Barstow Rd. Barstow, CA 92311

Big River-Station 17 (760) 665-2303

150260 Capistrano Wy. Earp, CA 92242

Big Bear-Fire Department (909) 866-7566

41090 Big Bear Blvd. Big Bear Lake, CA 92315

Harvard-Station 52 (760) 257-4756

39059 Kathy Ln. Newberry Springs, CA 92365

Havasu Landing-Station 18 (760) 858-4395

148808 Havasu Lake Rd. Havasu Lake, CA 92363

Hesperia-Station 302 (760) 949-5506

17288 Olive St. Hesperia, CA 92345

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Hesperia-Station 304 (760) 947-2674

15660 Eucalyptus St. Hesperia, CA 92345

Hesperia-Station 305 (760) 948-7858

8331 Caliente Rd. Hesperia, CA 92346

Hinkley-Station 56 (760) 253-7704

37284 Flower Rd. Hinkley, CA 92347

Lucerne Valley-Station 8 (760) 248-7322

33269 Old Woman Springs Rd. Lucerne Valley, CA 92356

Phelan/Piñon Hills-Station 10 (760) 868-4728

9625 Berkley Rd. Phelan, CA 92371

Silver Lakes/Helendale-Station 4 (760) 245-5022

27089 Helendale Rd. Helendale, CA 92342

Spring Valley Lake-Station 22 (760) 245-1100

12398 Tamarisk Ave. Victorville, CA 92395

Trona-Station 57 (760) 372-5988

83732 Trona Rd. Trona, CA 93562

Victorville-Station 311 Fire Headquarters (760) 955-3191

14800 7th St. Victorville, CA 92395

Victorville-Station 312 (760) 955-3192

15182 El Evado Rd. Victorville, CA 92394

Victorville-Station 313 (760) 955-3193

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13086 Amethyst Rd. Victorville, CA 92392

Victorville-Station 314 (760) 955-3194

17008 Silica Dr. Victorville, CA 92395

Victorville-Station 315 (760) 955-3195

12820 Eucalyptus St. Victorville, CA 92392

Victorville-Station 319 (760) 246-6479

18550 Readiness St. Victorville, CA 92395

Wrightwood-Station 14 (760) 249-3206

After-hours **(760) 249-3790**

5980 Elm St. Wrightwood, CA 92397

Grand Terrace-Station 23 (909) 825-0221

22582 City Center Ct. Grand Terrace, CA 92313

Highland Fire-Station 1 (909) 862-3031

26974 Baseline St. Highland, CA 92346

Highland Fire-Station 2 (909) 862-1760

29507 Baseline St. Highland, CA 92346

Joshua Tree Fire Station (760) 366-8423

6715 Park Blvd. Joshua Tree, CA 92252

Landers Fire Station (760) 364-3211

55481 Jessie Rd. Landers, CA 92248

Needles Fire Station (760) 326-2833

100 Safari Dr. Needles, CA 92363

Loma Linda Fire Department (909) 799-2850

25541 Barton Rd. Loma Linda, CA 92354

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FIRE DEPARTMENTS (cont.)

Lucerne Valley Fire-Station (760) 248-7322

33269 Highway 247 East Lucerne Valley, CA 92356

Morongo Valley Fire-Station (760) 363-6211

11207 Ocotillo St. Morongo Valley, CA 92256

Redlands Fire Department Administration (909) 798-7600

35 W. Cajon St., Ste. 12 Redlands, CA 92373

www.cityofredlands.org/fire

Redlands Fire-Station 261 (909) 798-7600

525 Citrus Ave. Redlands, CA 92373

Highland Fire-Station 543 (909) 884-4100

7649 Sterling Ave. San Bernardino, CA 92410

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Twentynine Palms Fire Station (760) 367-7524

6560 Adobe Rd. Twentynine Palms, CA 92277

Yucaipa Fire-station (909) 797-1000

11416 Bryant St. Yucaipa, CA 92399

Yucca Valley Fire-Station 41 (760) 228-2160

57201 Twentynine Palms Hwy. Yucca Valley, CA 92284

Yucca Valley Fire-Station 42 (760) 228-1991

58612 Aberdeen Dr. Yucca Valley, CA 92284

Devore-Station 2 (909) 473-8680

1511 Devore Rd. Devore, CA 92407

www.sbcfire.org

Crestline-Station 25 (909) 338-0625

23407 Crest Forest Dr. Crestline, CA 92325

P. O. Box 130 Lake Arrowhead, CA 92352

Fontana-Station 71 (909) 829-4471

16980 Arrow Blvd. Fontana, CA 92335

www.sbcfire.org

Fontana-Station 72 (909) 350-0145

15380 San Bernardino Ave. Fontana, CA 92335

www.sbcfire.org

Fontana-Station 73 (909) 822-6053

8143 Banana Ave. Fontana, CA 92335

www.sbcfire.org

Fontana-Station 74 (909) 355-1098

11500 Live Oak Ave. Fontana, CA 92337 www.sbcfire.org

Fontana-Station 78 (909) 350-1470

7110 Citrus Ave. Fontana, CA 92336

www.sbcfire.org

Mt. Baldy-Station 200 Volunteer Fire Department (909) 982-1213

6736 Mount Baldy Rd.

P. O. Box 488 Mt. Baldy, CA 91759

www.mtbaldyfire.com

Lytle Creek-Station 20 (909) 887-2212

497 Lytle Creek Rd. Lytle Creek, CA 92358

www.sbcfire.org

San Antonio Heights-Station 12 (909) 982-2611

2413 N. Euclid Ave. Upland, CA 91784

www.sbcfire.org

COUNTYWIDE RESOURCES | 25



FIRE DEPARTMENTS (cont.)

Green Valley Lake-Station 95 (909) 867-2176

33596 Green Valley Lake Rd. Green Valley, CA 92341

Lake Arrowhead-Station 91 (909) 336-0660

301 S. State Hwy. 173 Lake Arrowhead, CA 92352

Lake Arrowhead-Station 92 (909) 337-3002

981 N. Highway 173 Lake Arrowhead, CA 92352

Running Springs-Station 50 (909) 867-2630

32151 Hunsaker Wy. Running Springs, CA 92382

Running Springs-Station 51

Fire department office (909) 867-2630

31250 Hilltop Blvd. Running Springs, CA 92382

For all non-emergency fire department and non-

emergency medical concerns, during regular business hours.

Rancho Cucamonga Fire Department District Headquarters (909) 477-2770

10500 Civic Center Dr. Rancho Cucamonga, CA 91730

www.rcfire.org

Upland Fire-Station 161 (909) 931-4180

475 N. 2nd Ave. Upland, CA 91786

www.sbcfire.org

Chino Valley Independent-Fire District (909) 902-5260

14011 City Center Dr. Chino Hills, CA 91709

www.chinovalleyfire.org

Serves the cities of Chino, Chino Hills, and surrounding unincorporated areas of San Bernardino County.

Montclair Fire Department (909) 447-3540

8901 Monte Vista Ave. Montclair, CA 91763

http://www.cityofmontclair. org/city-government/firedepartment

Ontario Fire Department (909) 395-2002

415 E. B St. Ontario, CA 91764

www.ontario.ca.gov/fire

San Bernardino County Fire Division 1 Headquarters (909) 931-4180

475 N. Second Ave. Upland, CA 91786

www.sbcfire.org

San Antonio Heights-Station 12 (909) 982-2611

2413 N. Euclid Ave. Upland, CA 91784

www.sbcfire.org

Colton Administrative Office

Business admin. office

(909) 370-5100

Non-emergency dispatch

(909) 356-3805

303 E. E St. Colton, CA 92324

Muscoy-Station 75 (909) 887-2727 (909) 356-3805

2852 N. Macy St. Muscoy, CA 92407

Rialto Fire Department (909) 820-2501

131 S. Willow St. Rialto, CA 92376

San Bernardino-Station 221 (909) 884-7248 (909) 386-3805

200 E. 3rd St. San Bernardino, CA 92410

www.sbcfire.org

COUNTYWIDE RESOURCES | 27

Twin Peaks Fire-Station 26 (909) 337-8326

737 Grandview Rd. Twin Peaks, CA 92391



San Bernardino County Public Health Department

For appointments: **1 (800) 722-4777**

606 E. Mill St. San Bernardino, CA 92415

DENTAL

Loma Linda School of Dentistry (909) 558-4222

New patients

(909) 558-4675

11092 Anderson St. Loma Linda, CA 92354

https://dentistry.llu.edu/

General dentistry performed by dental students. Fixed fees, but much lower than private practice.

28 | COUNTYWIDE RESOURCES

San Joaquin Valley College (909) 373-3792 1 (866) 544-7898

Dental Hygienist College 4580 Ontario Mills Pkwy. Ontario, CA 91764

www.sanjoaquinvalleycollege.com

Provides preventative dental care. Free x-rays and cleaning. Based on need.

EYE CARE

Eye Care America

Referrals by phone **1 (800) 222-3937 1 (877) 887-6327**

https://www.aao.org/eyecareamerica

Provides older adults, 65 and older with information regarding eye care referrals to volunteer ophthalmologists in their area.

MEDICAL

Mission City Community Network Clinic 1 (818) 895-3100

15201 11th St., Ste. 300 Victorville, CA 92395

Clinic offers primary care services based on individual's ability to pay.

Arrowhead Mobile Health Clinic 1 (855) 422-8029

Health screenings, primary care and health education at over 13 mobile clinic sites.

California Department of Managed Health Care 1 (888) HMO-2219 (466)

www.dmhc.ca.gov

Learn how to obtain the best possible health care to which you are entitled under your HMO.

Health Insurance Counseling and Advocacy (HICAP) 1 (800) 434-0222 (909) 256-8369

9121 Haven Ave., Ste. 120 Rancho Cucamonga, CA 91739

https://cahealthadvocates. org/hicap/san-bernardino/

Offers free community education, information on Medicare HMOs, long-term care insurance, as well as individual counseling.

Needles Health Department (760) 326-9230

1406 Bailey Ave., Ste. D Needles, CA 92363

Kaiser Permanente Medical Clinic

Appointment center **1 (888) 750-0036**

10850 Arrow Rte. Rancho Cucamonga, CA 91730

www.kaiserpermanente.org

MEDICAL (cont.)

California Department of Managed Health Care 1 (888) 466-2219

www.dmhc.ca.gov

Learn how to obtain the best possible health care to which you are entitled under your HMO.

Medi-Cal: 1 (877) 410-8829

The Medi-Cal program, administered by the San Bernardino County Transitional Assistance Department, pays for health care for certain needy residents of California, including public assistance recipients and older adults, 65 years of age and older. Medi-Cal is supported by federal and state taxes. To apply for Medi-Cal benefits, call 1 (877) 410-8829 or apply online at https:// benefitscal.com/.

You can also contact Senior Information and Assistance (SIA) at 1 (800) 510-2020 for help completing a Medi-Cal application.

Covered California 1 (800) 300-1506

www.coveredca.com

Covered California is the health insurance marketplace in California, the state's implementation of the American Health Benefit Exchange Provisions of the Patient Protections and Affordable Care Act.

Inland Empire Health Plan (909) 890-2000 1 (800) 440-4347 1 (800) 718-4347 TTY

10801 Sixth St., Ste. 120 Rancho Cucamonga, CA 91730

www.iehp.org Inland Empire Health Plan (IEHP) is a local not-forprofit health plan serving residents of Riverside and San Bernardino Counties through government-sponsored programs including; Medi-Cal, Healthy Families, Healthy Kids, and Medicare Dual-Choice. IEHP Disability Program offers programs and services to members with chronic illness, behavioral conditions and physical disabilities.

Molina Healthcare of California

Member services
1 (888) 665-4621

Regional Office 550 E. Hospitality Ln., Ste. 100 San Bernardino, CA 92408

LaSalle Medical Associates Victorville Clinic (951) 571-8518

14544 7th St. Victorville, CA 92395

Unicare Community Health Center (two locations) (909) 428-0170

16127 Foothill Blvd. 17500 Foothill Blvd., Ste. A-2 Fontana, CA 92335

Prescription Assistance Through Community (P.A.T.C.H) Program

For appointment

(909) 334-3271

Montclair Medical Clinic (909) 281-5800

5050 San Bernardino St. Montclair, CA 91763

www.cityofmontclair.org/ resident/montclair-medicalclinic

Ontario Senior Center

For additional information (909) 395-2021

225 E. B St. Ontario, CA 91764

Arrowhead Mobile Health Clinic (ARMC)

1 (877) 873-ARMC (2762) (909) 520-1207

Appointments **1 (855) 422-8029**

Health screenings, primary care and health education to uninsured residents. Please call ARMC for details and scheduling information.

California Department of Managed Health Care 1 (888) 466-2219

www.dmhc.ca.gov

MEDICAL (cont.)

ARMC Family and Geriatric Care Center

Appointments

1 (855) 422-8029

400 N. Pepper Ave. Colton, CA 92324

Social Action Community Health Systems (SACHS) (909) 382-7100

1455 E. 3rd St. San Bernardino, CA 92408

or

250 S. G St. San Bernardino, CA 92408

www.sachealth.org

Social Action Community Health System (SACHS) provides comprehensive and low-cost dental care services.



Desert Manna Ministries (760) 256-7797

201 N. First Ave., Ste. B Barstow, CA 92311

www.desertmanna.com

Showers for residents and non-residents are provided along with additional services like clothing and bus passes, when available.

New Hope Village (760) 256-1900

100 W. Fredricks St. Barstow, CA 92311

High Desert Homeless Services (HDHS) (760) 245-5991

14049 Amargosa Rd. Victorville, CA 92392

Monday to Friday 9 a.m. - 2 p.m.

www. highdeserthomelessservices.org

The mission of HDHS is to assist residents of the Victor

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Valley and High Desert areas of San Bernardino County who have been displaced from long-term housing due to natural disaster or loss of income.

Project HOST (909) 387-7406

San Bernardino County Department of Behavioral Health

This program is a fieldbased program for homeless individuals who are mentally ill in San Bernardino County.

Victor Valley Rescue Mission Men's and Women's Recovery Programs (760) 955-5958

15572 7th St. Victorville, CA 92394

Victor Valley Rescue Mission provides homeless men and women with opportunities for spiritual and physical recovery from addictions, job training and placement. Programs are designed to guide and encourage homeless men and women to formulate a daily plan of action, and to take the necessary steps to reenter the work force and become productive citizens again. The Hot Shower Program offers free hot showers on Wednesdays from 10 a.m. - 2 p.m.

Family Assistance Program (760) 843-0701

Hotline for Domestic Violence (760) 949-4357

16857 C St. Victorville, CA 92395

www.familyassist.org

Offers housing when available, among other services.

Catholic Charities High Desert Regional Center (760) 243-1100

15000 7th St. Victorville, CA 92395

https://ccsbriv.org/

Homeless and low-income services.



Blessing Center (909) 793-5677

1157 Judson St. Redlands, CA 92374

www. theblessingcenterredlands.org

Mercy House Walk-In Center

Homeless and low-income (909) 391-2630

Transitional housing **(909) 460-6768**

435 S. Bon View Ave. Ontario, CA 91761

Call to speak with staff regarding available assistance based upon individual needs.

Salvation Army-Ontario Family Social Services (909) 986-6748

1412 S. Euclid Ave. Ontario, CA 91762 Services available as funding permits.

Inland Valley Hope Partners -Catholic Charities (909) 391-4882

904 E. California St. Ontario, CA 91761

www.Inlandvalleyhopepartners.org

Foothill Family Shelter (909) 920-5568

1501 W. 9th St., Ste. D Upland, CA 91786

www.Foothillfamilyshelter.org

For families with children. Not an emergency shelter; transitional housing program. Areas served: Upland, Claremont, Ontario, Rancho Cucamonga, Montclair and Pomona. Office is open Tuesday through Friday, 9 a.m. to Noon and 1 to 5 p.m.

Rancho Cucamonga Family Resource Center (909) 477-2781, ext. 2366, or (909) 477-2781, ext. 2365

9791 Arrow Rte. Rancho Cucamonga, CA 91730

34 COUNTYWIDE RESOURCES

Caring for the Hills (562) 274-2522

15554 Cecelia St. Chino Hills, CA 91709

Supplies grocery bags of fresh food. Currently serving Chino and Chino Hills.

www.caringforthehills.org

Foothill AIDS Project (909) 482-2066 1 (800) 448-0858

678 S. Indian Hill Blvd., Ste. 220 Claremont, CA 91711

www.fapinfo.org

Provides housing, food, transportation and counseling services when available.

House of Ruth (909) 623-4364 1 (877) 988-5559

Ontario Office 522 Fern Ave. Ontario, CA 91762

P. O. Box 459 Claremont, CA 91711

www.houseofruthinc.org

House of Ruth provides shelter and counseling services for domestic violence when available.

Knowledge and Education for Your Success, Inc. (KEYS) (909) 332-6388

Housing Support Program: Provides rapid re-housing assistance to CalWORKs eligible homeless families with children referred by the Transitional Assistance Department.

(909) 332-6385

Keys for Life and Success Program: Re-housing for homeless individuals and families with children that need housing assistance. Prospective program participants referred by 2-1-1.

(909) 381-3953

Supportive Services for Veterans Families Program: provides rapid re-housing and supportive services to homeless veterans.

(909) 332-6393

680 S. Waterman Ave. San Bernardino, CA 92408



HOSPITALS AND CLINICS

San Bernardino County Department of Public Health:

Appointments

(800) 722-4777

https://wp.sbcounty.gov/ dph/programs/clinics/cliniclocations/

For reproductive health, maternal health and information. Clinic Operations provide a wide range of lowcost, confidential health services. Our mission is to protect health, prevent disease and promote health and well-being. We are here to give you excellent health care in a friendly atmosphere.

Adelanto Health Center

11336 Bartlett Ave., Ste. 11 Adelanto, CA 92301

Barstow Public Health Center

303 E. Mountain View St. Barstow, CA 92311

Hesperia Public Health Center

16453 Bear Valley Rd. Hesperia, CA 92345

Needles Public Health Center

1406 Bailey Ave., Ste. D Needles, CA 92363

HIV Clinic – San Bernardino County Department of Public Health

Appointment **1 (800) 722-4777**

Hesperia Health Center

16453 Bear Valley Rd. Hesperia, CA 92345

San Bernardino Center

606 E. Mill St. San Bernardino, CA 92415

Ontario Health Center

150 E. Holt Blvd. Ontario, CA 91761

Arrowhead Regional Medical Center

Information (909) 580-1000 1 (877) USE-ARMC 1 (877) (873-2762)

400 N. Pepper Ave. Colton, CA 92324

www.arrowheadmedcenter.org

Barstow Community Hospital (760) 256-1761

820 E. Mountain View Ave. Barstow, CA 92311

www.barstowhospital.com

Colorado River Medical Center (760) 326-7100

1401 Bailey Ave. Needles, CA 92363

www.crmccares.com

Desert Valley Hospital (760) 241-8000

16850 Bear Valley Rd. Victorville, CA 92395

www.dvmc.com

Complete hospital services.

LaSalle Medical Associates (760) 245-1025

14544 7th St. Victorville, CA 92395

Providence Regional Medical Center (760) 242-2311 1 (888) 767-6202

18300 Highway 18 Apple Valley, CA 92307

www.stmaryapplevalley.com

St. Mary's Mobile Health Van (760) 242-2311

Call for service site schedule. Helps individuals who don't have health insurance or lowto-moderate income families.

St. Mary Urgent Care Victorville (760) 381-7703

12550 Hesperia Rd., Ste 100 Victorville, CA 92395

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HOSPITALS AND CLINICS (cont.)

St. Mary Urgent Care Apple Valley (760) 961-6555

18310 Highway 18 Apple Valley, CA 92307

Valley View Medical Center (928) 788-CARE (2273)

5330 S. Highway 95 Fort Mohave, AZ 86427

Accepts Medi-Cal.

Victor Valley Global Medical Center (760) 245-8691

15248 Eleventh St. Victorville, CA 92392

www. victorvalleymedicalcenter.com

Bear Valley Community Hospital (909) 866-6501

41870 Garstin Dr. Big Bear Lake, CA 92315

Hi-DesertMedical Center (760) 366-3711

TDD hearing impaired (760) 366-3535

Emergency **(760) 366-3711**

6601 White Feather Rd. Joshua Tree, CA 92252

www.hdmc.org

Desert Regional Medical Center (760) 323-6511

1150 N. Indian Canyon Dr. Palm Springs, CA 92262

www.desertregional.com

Kaiser Permanente Hospital (909) 427-5000

Appointments **1 (833) 574-2273**

TTY 711

9961 Sierra Ave. Fontana, CA 92335

Kaiser Permanente Appointment Center

1 (888) 750-0036

2295 S. Vineyard Ave. Ontario, CA 91761

www.kaiserpermanente.org

Loma Linda University Health (LLUH) 1 (877) 558-6248

11234 Anderson St. Loma Linda, CA 92354

https://lluh.org/

Redlands Community Hospital (909) 335-5500

350 Terracina Blvd. Redlands, CA 92373

Jerry L. Pettis Memorial Veterans' Hospital (909) 825-7084

11201 Benton St. Loma Linda, CA 92357

Mental Health Clinic (909) 825-7084 x7415

11201 Benton St. Loma Linda, CA 92357

https://www.va.gov/loma-linda-

health-care/locations/jerry-lpettis-memorial-veterans-hospital/

Rancho San Antonio Medical Plaza (909) 948-8000

7777 Milliken Ave. Rancho Cucamonga, CA 91730

www.sarh.org

Kindred Hospital Rancho (909) 581-6400

10841 White Oak Ave. Rancho Cucamonga, CA 91730

www.kindredhealthcare.com

San Antonio Regional Hospital (909) 985-2811

999 San Bernardino Rd. Upland, CA 91786

www.sarh.org

Dignity Health Community Hospital of San Bernardino (909) 887-6333

1805 Medical Center Dr. San Bernardino, CA 92411

www.dignityhealth.org

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HOSPITALS AND CLINICS (cont.)

Sierra San Antonio Urgent Care (909) 434-1150

16465 Sierra Lakes Pkwy., Ste. 100 1st Fl., Fontana, CA 92336

www.sarh.org

Chino Valley Medical Center (909) 464-8600

5451 Walnut Ave. Chino, CA 91710

www.cvmc.com

Mission City Community Network (MCCN) Clinics

Appointments (818) 895-3100

Locations MCCN Barstow Health

405 E. Buena Vista St. Barstow, CA 92311

MCCN Victorville Dental

14357 7th St. Victorville, CA 92395

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MCCN Victorville Health

15201 Eleventh St. Victorville, CA 92395

Morongo Basin Community Health Center (760) 365-9305

58375 Twentynine Palms Hwy. Yucca Valley, CA 92284

https://www.mbhdistrict.org

Morongo Basin Community Health Center (760) 367-5906

72724 Twentynine Palms Hwy., Ste. 103 Twentynine Palms, CA 92277

https://www.mbhdistrict.org

Montclair Hospital Medical Center (909) 625-5411

5000 San Bernardino St. Montclair, CA 91763

www.montclair-hospital.org

Pomona Valley Hospital Medical Center (909) 865-9500

1798 N. Garey Ave. Pomona, CA 91767

www.pvhmc.org

Dignity Health-St. Bernardine Medical Center (909) 883-8711

2101 N. Waterman Ave. San Bernardino, CA 92404

https://www.dignityhealth. org/socal/locations/ stbernardinemedical

San Bernardino Campus (SAC) Health (909) 382-7100

1455 E. 3rd St. San Bernardino, CA 92408

https://www.sachealth.org/

SAC Health is a non-profit 501(c)(3) corporation which provides comprehensive and low-cost health care services.



Housing Authority of the County of San Bernardino (HACSB)

Administers the Public Housing Program, the Tenant-Based Voucher Rental Assistance Program, formerly called Section 8, Special Purpose Voucher Programs for Specific Housing Types and manages a few senior housing complexes owned by private, independent landlords.

General Information (909) 500-8923

Language Assistance (909) 530-5063

Administrative Office (909) 890-0644 (909) 890-4818 Fax

715 E. Brier Dr. San Bernardino, CA 92408 www.hacsb.com



Victorville Office (760) 243-1043 (760) 243-2123 Fax (760) 951-7872 TTY Phone

15465 Seneca Rd. Victorville, CA 92392

Ontario Office (909) 890-5360 (909) 983-1318

424 N. Lemon Ave. Ontario, CA 91764

San Bernardino Office (909) 890-9533

672 S. Waterman Ave. San Bernardino, CA 92408

Waterman Gardens Office (909) 889-3807

425 Crestview Ave. San Bernardino, CA 92410

Maplewood Homes Office (909) 890-5350

1738 W. 9th St. San Bernardino, CA 92411

Barstow Office (760) 256-8814 (760) 951-7872 TTY

421 S. 7th St. Barstow, CA 92311

Chino Office (909) 628-3413

13088 Monte Vista Ave. Chino, CA 91710

Colton Office (909) 824-8277

772 Pine St. Colton, CA 92324

Housing Authority of the City of Needles (760) 326-3222

908 Sycamore Dr. Needles, CA 92363

The city of Needles Housing Authority is separate and independent from the Housing Authority of San Bernardino County.

Upland Housing Authority (909) 982-2649 (909) 982-0237 _{Fax}

1200 N. Campus Ave. Upland, CA 91786

https://www.uplandca.gov/ housing-links

The Upland Housing Authority (UHA), independent from the Housing Authority of San Bernardino County, administers two programs to assist low-income families; the Tenant-Based Voucher Rental Assistance Program, and Conventional "Public" Housing. Please note: UHA is unable to see visitors without an appointment.

Knowledge and Education for Your Success, Inc. (KEYS) (909) 332-6388

Housing Support Program: Provides rapid re-housing assistance to CalWORKs eligible homeless families with children referred by the Transitional Assistance Department.

(909) 332-6385

Keys for Life and Success Program: Re-housing for homeless individuals and families with children that need housing assistance. Prospective program participants referred by 2-1-1.

(909) 381-3953

Supportive Services for Veterans Families Program: provides rapid re-housing and supportive services to homeless veterans.

(909) 332-6393

680 S. Waterman Ave. San Bernardino, CA 92408

For additional senior housing resources, call Senior Information and Assistance at 1 (800) 510-2020



Catholic Charities (909) 388-1239 ext. 300

Immigration and Refugee Department

1450 N. D St. San Bernardino, CA 92405



LEGAL SERVICES (cont.)

Inland Counties Legal Services, Inc.

Offers free legal consultation to residents who are lowincome, seniors and those with disabilities in San Bernardino County.

Intake Line (888) 245-4257

Senior Line 1 (800) 977-4257

https://www.inlandlegal.org/

455 N. D St. San Bernardino, CA 92401

13911 Park Ave., Ste. 210 Victorville, CA 92392

Ontario Office 1 (888) 245-4257

3500 Porsche Wy., Ste. 200 Ontario, CA 91764

Inland Fair Housing and Mediation Board 1 (800) 321-0911

www.ifhmb.com

Ontario Main Office (909) 984-2254

1500 S. Haven Ave., Ste. 100 Ontario, CA 91761

San Bernardino Office (909) 888-3763

330 N. D St., Ste. 357 San Bernardino, CA 92401

Victorville Office 1 (800) 321-0911 (760) 243-2412

15428 Civic Dr., Ste. 225 Victorville, CA 92392

Services: Fair housing, landlord /tenant mediation, mobile home mediation, housing counseling, senior services, lending scam investigations, alternative dispute resolution and pre-litigation mediation.

Legal Aid Society of San Bernardino San Bernardino Clinic (909) 889-7328

588 W. Sixth St. San Bernardino, CA 92410

www.legalaidofsb.org

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Victorville Clinic (909) 889-7328 Legal Clinic at Victorville Senior Citizens Center

14874 S. Mojave Dr. Victorville, CA 92392

www.legalaidofsb.org

Legal Aid Society of San Bernardino provides free consultation and advice, preparation of legal documents, and procedural information for clients to represent themselves in various legal matters. Legal Aid does not handle civil or criminal matters. Please call to schedule appointment.

California Department for Fair Employment and Housing

General information

1 (800) 884-1684 1 (800) 700-2320 TTY (916) 478-7251

2218 Kausen Dr., Ste. 100 Elk Grove, CA 95758

www.dfeh.ca.gov

Protects the people of

California from unlawful discrimination in employment, housing public accommodations and from the perpetration of acts of hate violence.

Western San Bernardino County Bar Association (909) 483-0548

Lawyer referral service

(909) 945-2980

8409 Utica Ave. Rancho Cucamonga, CA 91730

www.wsbcba.org

For more information about legal services for seniors or to find a location near you, call Senior Information and Assistance (SIA) at **1 (800) 510-2020.**



San Bernardino County Age Wise Program 1 (800) 451-5633

Locations:

686 E. Mill St. San Bernardino, CA 92415

11951 Hesperia Rd. Hesperia, CA 92415

An outreach program for seniors offering behavioral health and wellness services, intensive case management and connection to resources by a team of trained mental health clinicians with diverse specialties.

San Bernardino County Department of Behavioral Health Outpatient Services

www.sbcounty.gov/dbh/ outpatient/

Mesa Counseling Services (909) 421-9301

850 E. Foothill Blvd. Rialto, CA 92376

www.sbcounty.gov/dbh

Social Action Community Health Systems (SACHS) (909) 382-7100

250 S. G St. San Bernardino, CA 92408

www.sachealth.org

SACHS is a non-profit 501(c) (3) corporation which provides comprehensive and low-cost mental health care services.

Community Crisis Response Teams (CCRT)

For English or Spanish, 7 a.m. to 10 p.m., 365 days a year, call: (909) 458-1517 (760) 956-2345

Text: (909) 420-0560 (760) 734-8093

After 5 p.m. and weekends, call **(909) 535-1316**

A San Bernardino County Department of Behavioral Health community-based program which provides mobile crisis response to psychiatric emergencies, case management services, intensive follow-up services, relapse prevention and mental health evaluations.

Crisis Stabilization Units (CSU)

San Bernardino County Department of Behavioral Health urgent mental health centers for individuals of all ages. Services are voluntary and may include crisis intervention, crisis risk assessments, medications and when necessary, evaluations for hospitalization. Open 24 hours a day, 365 days a year, including holidays.

Merrill Center

14677 Merrill Ave. Fontana, CA 92335

Windsor Center

1481 N. Windsor Dr. San Bernardino, CA 92404

San Bernardino County Department of Behavioral Health (DBH) 24-hour Helplines

Mental Health 24-hour Helpline (888) 743-1478

Substance Use Disorder

24-hour Helpline (800) 968-2636

Emergency Psychiatric Unit (909) 580-1800

Arrowhead Regional Medical Center (ARMC)

400 N. Pepper Ave. Colton, CA 92324

ARMC has psychiatric crisis care and emergency screenings.

West End Family Counseling Services Older Adult Community Services (OACS) (909) 983-2020

855 N. Euclid Ave. Ontario, CA 91762

The OACS program provides prevention and early intervention services to the older adult population through screening and wellness services, such as senior activities, home safety education and suicide prevention.



MENTAL HEALTH SERVICES (cont.)

Helping Hands Kinship Support Services (909) 986-9710

316 E. E St. Ontario, CA 91764

Kinship Support Services are designed to combat the isolation, stress and other struggles kinship families encounter in their day-to-day lives. Helping Hands provides support groups, peer support programs, basic needs assistance, family activities and advocacy to grandparent and other kin caregivers.

Substance Use Disorder and Recovery Services (SUDRS) (909) 501-0753

Provides information regarding alcohol and/or drug abuse treatment options.

Screening, Assessment and Referral Center (SACR)

Free confidential assessment. **1 (800) 968-2636**

National Mental Health and Substance Abuse Referral Service 1 (800) 662-4357

www.samhsa.gov

Barstow Counseling

1841 E. Main St. Barstow, CA 92311

(760) 255-5700

After-hours/Crisis hotline

1 (800) 273-8255 or 1 (800) 784-2433

San Bernardino County Department of Behavioral Health

Provides urgent mental health services to those in crisis.

Morongo Crisis Walk-In Center (CWIC) **(760) 365-2233**

7293 Dumosa Ave., Ste. 2 Yucca Valley, CA 92284

24 hours a day, 7 days a week.

DBH Access Unit Crisis and Referral 24/7 Hotline 1 (888) 743-1478 Family Service Association (FSA) Older Adult Community Services (OACS)

Case management/referral (760) 820-1430

7245 Joshua Ln. Yucca Valley, CA 92284

Hi-Desert Medical Center Behavioral Health Services (760) 366-1541

57407 Twentynine Palms Hwy., Ste. F, Yucca Valley, CA 92284

Department of Behavioral Health Clubhouses: A Place to Go Clubhouse

32770 Old Woman Springs Rd., Ste. B, Lucerne Valley, CA 92356

(760) 248-2327

Desert Stars (760) 255-5705

1841 E. Main St. Barstow, CA 92311

Santa Fe Social Club (760) 369-4057

56020 Santa Fe Trl., Ste. M Yucca Valley, CA 92284

Serenity Clubhouse (760) 955-6224

12625 Hesperia Rd., Ste. B Victorville, CA 92392

Valley Star Crisis Walk-In Center (CWIC) (760) 245-8837

San Bernardino County Department of Behavioral Health

12240 Hesperia Rd. Victorville, CA 92395

www.starsinc.com

No cost Crisis Walk-In Clinic is open 24 hours a day, seven days a week and serves adults and children who are experiencing a psychiatric crisis.

Victor Community Support Services (VCSS) (760) 245-4695

15400 Cholame Rd. Victorville, CA 92392

Offers mental health services for children ages 5-15.

COUNTYWIDE RESOURCES | 49



MENTAL HEALTH SERVICES (cont.)

Community Crisis Response Team (CCRT)-High Desert Region (760) 956-2345

Pager number (760) 734-8093

San Bernardino County Department of Behavioral Health

The CCRT is a communitybased program which provides: mobile crisis response to psychiatric emergencies, case management services, intensive follow-up services and relapse prevention. The CCRT operates 24 hours a day, 365 days per year, 7 a.m. to 10 p.m. After 5 p.m., call the pager and leave your number.

Needles Behavioral Health Center (760) 326-9313

After-hour hotline
1 (888) 743-1478

1600 Bailey Ave., Ste. 2 Needles, CA 92363

Victor Community Support Services (VCSS) (760) 255-1496

222 E. Main St. Barstow, CA 92311

VCSS serves the high desert and Barstow areas with 15 programs. They serve military families from birth to 65 years in age. VCSS offers an array of programs including intensive in-home and school-based mental health services, as well as Prevention and Early Intervention programs. VCSS offers a Transitional Age Youth **Center and Family Resource** Center in Victorville and both locations offer Therapeutic Behavioral Services, Wraparound, Military Families program, Infant/Toddler Parent Education, Life Skills, Vocational Rehabilitation for young adults, Housing Support Services and **Psychiatric Services.**

San Bernardino County Substance Use Disorders and Recovery Services

Toll free **1 (800) 968-2636**

Helping Hands Victorville Support Services (760) 843-1177

16519 Victor St., Ste. 404 Victorville, CA 92395

Helping Hands Kinship Support Services provide support groups, peer support programs, basic needs assistance, family activities and advocacy for grandparents and other kin caregivers.

Family Assistance Program (760) 843-0701

Hope House: Domestic Violence 24-hour hotline:

(760) 949-4357

Toll free **1 (866) 770-7867**

National Domestic Violence Hotline **1 (888) 373-7888**

Our House/My Place: Homeless/runaway youth 24-hour hotline: (909) 335-2676

The Open Door: Anti-Human Trafficking 24-hour hotline: (909) 333-7476 15075 7th St. or 16857 C St. Victorville, CA 92395

Provides assistance with restraining orders, homeless prevention, re-housing, domestic violence/teen violence prevention, counseling services and household commodities distribution.

Access and Referral Mental Health Services

For San Bernardino County Medi-Cal beneficiaries, 24 hours a day, 7 days a week.

1 (888) 743-1478

National Drug Help Line 1 (800) 662-4357

COUNTYWIDE RESOURCES 51



MENTAL HEALTH SERVICES (cont.)

Screening, Assessment and Referral Center (SARC)

Assists with placement to a recovery center for San Bernardino County.

(909) 421-4601

Ontario Senior Center Phone Assurance Line

(PALS) assists seniors through friendly phone calls.

(909) 395-2021

225 E. B St. Ontario, CA 91764

Desert Stars (760) 255-5705

1841 E. Main St. Barstow, CA 92311

A Place to Go Clubhouse (760) 248-2327

32770 Old Woman Springs Rd. Ste. B, Lucerne Valley, CA 92356

Clubhouses are programs run by members 18 years of age or

Family Development Program San Bernardino County (909) 723-1561

696 S. Tippecanoe Ave. San Bernardino, CA 92415

No mental health or substance abuse program offered.



CalFresh

CalFresh, federally known as the Supplemental Nutrition Assistance Program (SNAP), is a nutritional assistance program designed to help single people and families with little or no income to buy food. CalFresh benefits are issued on an EBT Card that is used just like a bank card at most local food stores. The CalFresh program is a federal-and state-funded program.

To apply for CalFresh, call **1 (877) 410-8829**,

or apply online at https://benefitscal.com/. Call Senior Information and Assistance (SIA) at **1 (800) 510-2020** for help completing a CalFresh application.

Senior Nutrition

The purpose of the Senior Nutrition Program is to provide nutrition services as described in the Older Americans Act of 1965, as amended, and to assist older individuals in San Bernardino County to live independently, by promoting better health through improved nutrition, and reduced isolation through programs coordinated with nutrition-related supportive services. Congregate and home-delivered meals are served throughout the county to eligible individuals. For a nutrition site near you, please call Senior Information and Assistance (SIA) at: 1 (800) 510-2020 or vour local nutrition site.

*Denotes county nutrition sites.

Curbside Community Church (760) 981-5062

Adelanto food distribution serving residents of the High Desert. First come, first served.

High Desert Second Chance (442) 267-4444

16666 Smoke Tree St., Bldg. B-4 Hesperia, CA 92345

https://highdesertsecondchance. pagecloud.com/

Provides homeless support and food distribution.

Home of Neighborly Service (909) 885-3491

839 N. Mt. Vernon Ave. San Bernardino, CA 92411

No congregational meals. Food pantries for older adults, Fridays.



Lawrence Hutton Community Center* (909) 370-6168

660 Colton Ave. Colton, CA 92324

Lunch served Monday to Friday 11:15 a.m. to 12:15 p.m.

Fontana Community Senior Center (909) 854-5151

16710 Ceres Ave. Fontana, CA 92335

Lunch served Monday to Friday 11 a.m. to 1 p.m. for \$4.00, while supplies last. Available to older adults, 55 years and over, who live in Fontana.

Luque Senior Center (909) 370-5548

292 E. O St. Colton, CA 92324

George White Senior Center* (909) 770-8173

8565 Nuevo Ave.

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Fontana, CA 92335

Dino Papavero Senior Center* (909) 350-0575

16707 Marygold Ave. Fontana, CA 92335

Perris Hill Senior Center* (909) 384-5436

780 E. 21st St. San Bernardino, CA 92404

Rudy Hernandez Community Center* (909) 384-5420

222 N. Lugo Ave. San Bernardino, CA 92408

Rialto Senior Center* (909) 877-9706

1411 S. Riverside Ave. Rialto, CA 92376

San Bernardino 5th Street Senior Center* (909) 384-5430

600 W. 5th St. San Bernardino, CA 92410

*Denotes county nutrition sites.

Home Delivered Meals

(for Homebound) Family Service Association (951) 342-3057

www.fsaca.org

Contact Senior Information and Assistance (SIA) at **1 (800) 510- 2020** for more information.

Community Action Partnership (CAP) of San Bernardino County USDA Commodities Food Distribution (909) 723-1500

696 S. Tippecanoe Ave. San Bernardino, CA 92415

www.capsbc.org

Provides food for low-income residents throughout San Bernardino County through government surplus commodity distributions and salvage food agencies. Call for more information and the nearest distribution center.

Lytle Creek Community Center* (909) 384-5424

680 S. K St.

San Bernardino, CA 92410

The Salvation Army (909) 986-6748

1412 S. Euclid Ave. Ontario, CA 91762

The Salvation Army offers food and nutrition services to adults, as well as emergency food and nutrition services.

Family Service Association (909) 287-7946

Chino – Meals on Wheels

www.fsaca.org

Chino Senior Center* (909) 334-3271

13170 Central Ave. Chino, CA 91710

https://www.cityofchino. org/320/Seniors

Montclair Community Senior Center* (909) 625-9488

5111 Benito St. Montclair, CA 91763

https://www.cityofmontclair. org/senior-center/



Ontario Senior Center*

Meals on Wheels (909) 395-2021

Application for homedelivered meals (951) 342-3057

225 E. B St. Ontario, CA 91764

www.ci.ontario.ca.us

Offers senior luncheons.

George M. Gibson Senior Center* (909) 981-4501

250 N. Third Ave. Upland, CA 91786

www.ci.upland.ca.us#GSC_

Offers senior luncheons.

Call for more information.

Montclair – Meals on Wheels (609) 658-9780

Lunch program (909) 625-9483

This program is designed for the frail, disabled senior citizen

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who is homebound. Recipients are those who either are unable to shop or cook for themselves because of illness, age, physical disability, recent surgery, accident or who have no one to shop and cook for them. Meals are \$3.00 each or \$36 for a minimum two-week period, payable in advance. Montclair Meals on Wheels is not a Department of Aging and Adult Services-Public Guardian (DAAS-PG) contracted meals provider.

Big Bear Valley Senior Center* (909) 584-0323

42651 Big Bear Blvd. Big Bear, CA 92315

Grand Terrace Senior Center* (909) 824-1491

22627 Grand Terrace Rd. Grand Terrace, CA 92313

Highland Senior Center* (909) 862-8104

3102 E. Highland Ave. Highland, CA 92369

*Denotes county nutrition sites.

Loma Linda Senior Center* (909) 799-2820

25571 Barton Rd. Loma Linda, CA 92354

Lucerne Valley Senior Center* (760) 248-2248

10431 Allen Wy. Lucerne Valley, CA 92356

Mentone Senior Center and Library* (909) 794-5280

1331 Opal Ave. Mentone, CA 92359

Redlands Community Senior Center* (909) 798-7579

111 W. Lugonia Ave. Redlands, CA 92374

Casa de la Vista Senior Apartments* (909) 335-8888

686 E. Redlands Blvd. Redlands, CA 92373

Joshua Tree Community Center* (760) 366-8415

6171 Sunburst Ave. Joshua Tree, CA 92252

Scherer Yucaipa Senior Center* (909) 797-1177 or (909) 790-3170

12202 First St. Yucaipa, CA 92399

Twentynine Palms Senior Center* (760) 367-5780

6539 Adobe Rd. Twentynine Palms, CA 92277

Yucca Valley Senior Center* (760) 853-0069

57088 Twentynine Palms Hwy. Yucca Valley, CA 92284

Nutrition Site: (760) 257-5761



NUTRITION/FOOD PROGRAMS (cont.)

Home Delivered Meals Only

Family Service Association

(951) 342-3057 (951) 686-1096

www.fsaca.org

Serves Yucca Valley, Joshua Tree, Morongo Valley, Twentynine Palms, Landers and Pioneertown.

Crest Forest Senior Citizens Club (Leisure Shores) San Moritz Lodge* (909) 338-5036

24640 San Moritz Dr. Crestline, CA 92325

Fort Mohave Tribal Senior Nutrition Center (760) 629-2371

700 Harrison St. Needles, CA 92363

James Brulte Senior Center* (909) 477-2780

11200 Baseline Rd. Rancho Cucamonga, CA 91701 www.rcpark.com

Bonnie Baker Senior Center* (760) 665-2667

149350 Ukiah Trl. Big River, CA 92242

Victorville Senior Citizens Center* (760) 245-5018

14874 Mojave Rd. Victorville, CA 92392

Feed My Sheep of the High Desert (760) 243-4343

15260 Nisqualli Rd. Victorville, CA 92395

Feed My Sheep-Hesperia (760) 244-3330

11616 Hesperia Rd. Hesperia, CA 92345 *Denotes county nutrition sites.

Feed My Sheep-Apple Valley (760) 247-6488

21811 Ottawa Rd. Apple Valley, CA 92308

Call for available services.

The Lord's Table (760) 241-2043

15512 6th St. Victorville, CA 92395

The Lord's Table has a daily hot lunch for those in need.

Victor Valley Rescue Mission (760) 955-5958

15572 7th St. Victorville, CA 92394

Victor Valley Rescue Mission serves hot meals. Please call for locations and times.

Community Health Action Network (CHAN) (760) 241-9900

Call for information.

15000 7th St., Ste. 208G Victorville, CA 92395

St. Vincent De Paul (760) 326-4420

839 Front St. Needles, CA 92363

Call for available services.

The Salvation Army (760) 245-2545

14585 La Paz Dr. Victorville, CA

Call for available services.

Percy Bakker Community Center* (760) 244-5488

9333 E Ave. Hesperia, CA 92345

Needles Senior Center* (760) 326-4789

1699 Bailey Ave. Needles, CA 92363



Barstow Senior Citizens Center* (760) 256-9111

555 Melissa Ave. Barstow, CA 92311

Serves: Adelanto, Apple Valley, Hesperia, Victorville, Baldy Mesa, Oro Grande, Phelan and Piñon Hills.



San Bernardino County Elections Office of the Registrar of Voters

1 (800) 881-VOTE (8683) (909) 387-8300

777 E. Rialto Ave. San Bernardino, CA 92415

www.sbcountyelections.com

For general information, voter registration, vote by mail option, local polling places or to work at the polls, call:

(909) 387-8300

Voters are encouraged to register at least 29 days before an election to ensure that they receive their voting materials. Registration forms are available at most post offices, libraries, city and county offices, Department of Motor Vehicles, etc.

*Denotes county nutrition site



U.S. Social Security Administration Offices: 1 (800) 772-1213

www.ssa.gov

Local **1 (866) 331-7132**

TTY **1 (800) 325-0778**

605 N. Arrowhead Ave., Ste. 101 San Bernardino, CA 92401

www.ssa.gov

Fontana Office 1 (866) 726-7865

10668 Sierra Ave. Fontana, CA 92337

www.ssa.gov

Ontario Office 1 (866) 331-2216 1 (800) 772-1213

TTY

1 (800) 325-0778

1100 E. Holt Blvd. Ontario, CA 91761

Yucca Valley Office 1 (800) 772-1213

56492 Twentynine Palms Hwy. Yucca Valley, CA 92284

Victorville Office 1 (877) 405-1435

13955 Park Ave. Victorville, CA 92392

Needles Office 1 (866) 596-7946

1502 Bailey Ave. Needles, CA 92363



SUPERIOR COURT OF CALIFORNIA SAN BERNARDINO COUNTY

SUPERIOR COURT OF CALIFORNIA-COUNTY OF SAN BERNARDINO

www.sb-court.org

San Bernardino

Civil (909) 708-8678

Criminal **(909) 384-1888**

Probate and Guardianship (909) 521-3388

247 W. 3rd St. San Bernardino, CA 92415

Family Law (909) 521-3136

351 N. Arrowhead Ave. San Bernardino, CA 92415

Child Support (909) 269-8789

655 W. 2nd St., 2nd Fl. San Bernardino, CA 92415

Big Bear Lake (760) 718-3734

477 Summit Blvd. Big Bear Lake, CA 92315

Fontana (909) 350-9322

17780 Arrow Blvd. Fontana, CA 92335

Rancho Cucamonga Superior Court Criminal

(909) 350-9764

8303 Haven Ave. Rancho Cucamonga, CA 91730

Joshua Tree

Civil **(760) 974-3047**

Criminal/Traffic (760) 974-3048

6527 White Feather Rd. Joshua Tree, CA 92252

Barstow District

235 E. Mountain View St. Barstow, CA 92311

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(760) 718-3700

www.sb-court.org

Victorville District

Information (760) 245-6215

14455 Civic Dr. Victorville, CA 92392

Civil Department: Ste. 100

Criminal/Traffic Department: Ste. 200



Barstow Area Transit (760) 256-0311

Needles Area Transit (NAT) 1 (866) 669-6309

Route deviation request (760) 326-4348

1714 W. Broadway Needles, CA 92363

Needles Medical Transport (760) 326-4789

Transportation is provided by appointment only to and from Bullhead City.

Needles Senior Van (760) 326-4789

Needles Dial-A-Ride

Reservations and information (760) 326-4789

Transportation Reimbursement Escort Program (TREP) 1 (800) 510-2020

Victorville **(760) 243-8459**

Barstow **(760) 256-3564**

Eligible participants may receive reimbursement for qualified travel. Eligibility is determined by the Department of Aging and Adult Services-Public Guardian (DAAS-PG).



Victor Valley Transit Authority (VVTA) (760) 948-3030

17151 Smoke Tree St. Hesperia, CA 92345

www.vvta.org

VVTA operates fixed routes and serves Victorville, Hesperia, Apple Valley, Adelanto, Lucerne Valley and Barstow areas. Buses operate 7 days a week until 8:30 p.m. Contact VVTA for routes and schedules. VVTA also operates the Barstow – San Bernardino Commuter Route (B-V Link).

Transit Ambassador Program (760) 995-3559

Volunteers provide orientation to help older adults become familiar with the the transit system.

Transportation Reimbursement for Individuals Program (TRIP)

(760) 995-3561

Self-directed mileage reimbursement service. Volunteers such as friends and neighbors transport transitdependent individuals who are elderly or disabled that live in areas without a transit service.

ADA Direct Access (877) ADA-RIDE (232-7433)

Provides paratransit services for those individuals that are ADA-eligible.

https://www.adaride.com/

Victor Valley Community Services Council (760) 243-9646

Senior Transportation

16692 Mojave Dr. Victorville, CA 92395

www.vvcsc.com

Door-to-door transportation provided to eligible older adults who live in the Victor Valley and surrounding areas.

Go Go Grandparent (855) 464-6872

24/7 Uber for seniors. Serving Barstow, Rancho Cucamonga, San Bernardino and Victorville areas. Call for information and ride scheduling.

Mountain Transit

Big Bear **(909) 878-5200**

www.mountaintransit.org

Provides local and Dial-A-Ride services to Big Bear Valley, Running Springs, Lake Arrowhead and Offthe-Mountain service to San Bernardino. Discounts available for seniors and disabled.

Omnitrans 1 (800) 966-6428 or (909) 379-7100

www.omnitrans.org

Provides bus route services to the San Bernardino Valley. Those with disabilities are provided access to public transportation through Omnitrans' Access Bus program. In order to ride an Omnitrans Access Bus you must have an ADA certification card or an Omnitrans Disabled ID card.

Call **(909) 379-7100** and press 4 to obtain an ADA card application.

To schedule a pick-up, call: **1 (800) 990-2404**

East Valley **(909) 383-1680**

Greyhound

Travel assistance **1 (800) 231-2222**

^{TTY} **1 (800) 345-3109**

www.greyhound.com

Discounts to seniors and U.S. Veterans are available.

Metrolink 1 (800) 371-5465

TTY

1 (800) 698-4833

^{Text} 1 (800) 371-5485

www.metrolinktrains.com

Discounts are available to seniors and disabled individuals.

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TRANSPORTATION (cont.)

DVA Transportation (909) 583-6014 x5020

Provides transportation to Veterans Affairs (VA) medical facilities.

Lift Transportation Services (760) 366-5438

6530 La Contenta Rd., Ste. 300 Yucca Valley, CA 92284

Provides free transportation to medical appointments in the Morongo Basin.

Morongo Basin Transit Authority (MBTA) (760) 366-2395

62405 Verbena Rd. Joshua Tree, CA 92252

Reach Out Morongo Basin Twentynine Palms Senior Center (760) 361-1410

6539 Adobe Rd. Twentynine Palms, CA 92277

Senior transportation service to medical appointments.





Aging Next Ride and Go Transportation Reimbursement Program (909) 621-9900

141 S. Spring St. Claremont, CA 91711

www.agingnext.org

A volunteer driver reimbursement program.

Senior Mobility and Reliable Transportation (S.M.A.R.T.)

Information **(909) 334-3271**

13170 Central Ave. Chino, CA 91710

Assist Chino city residents who are seniors with transportation to the Chino Senior Center and with limited errands within the city.

Montclair Senior Transportation Program (909) 625-9452

City of Montclair residents only who are 60 years of age or older. Participants must be pre-registered and have a signed waiver of liability on file before participating in the program. Reservations are required a minimum of two days and a maximum of two weeks in advance. Reservations are provided on a first-come, first-served basis.

Ontario Senior Center-Silver Stars Senior Transportation (909) 395-2021 (909) 988-1864

225 E. B St. Ontario, CA 91764

This program provides limited transportation to and from the Ontario Senior Center for purposes of medical appointments, shopping, banking, social events and other similar activities. Call for more information.

Fontana Community Senior Center

Transportation Services (909) 854-5175

16710 Ceres Ave. Fontana, CA 92335

www.fontana.org/384/Fontana-Community-Senior-Center

Serves the city of Fontana and has two vans available to pick-up any senior residing in the Fontana area. Small annual fee.

The Salvation Army (760) 245-2545

14585 La Paz Dr. Victorville, CA

Reduced or no cost identification vouchers and city bus passes for Victorville and surrounding areas.



Community Action Partnership (CAP) of San Bernardino County (909) 723-1509

Toll free **1 (800) 635-4618**

Weatherization services information **(909) 723-1500 Option 2**

HEAP appointments/status (909) 723-1500 Option 1

https://www.capsbc.org/

Low-Income Home Energy Assistance Program (HEAP)

696 S. Tippecanoe Ave. San Bernardino, CA 92408

www.capsbc.org

Low-Income Home Energy Assistance Program, HEAP, and weatherization services. HEAP provides assistance with either gas or electricity utility service, one time a year for income-qualified households.

The Salvation Army (760) 245-2545

14585 La Paz Dr. Victorville, CA

The Salvation Army offers Southwest Gas assistance services once per year.

Pacific Gas and Electric (PG&E) 1 (877) 660-6789 1 (800) 743-5000

Residential customer service center.

530 S. China Lake Blvd. Ridgecrest, CA 93555

Southern California Edison (SCE)

Low-income rate assistance **1 (800) 447-6620**

Customer service **1 (800) 655-4555**

Report power outage **1 (800) 611-1911**

ттү **1 (800) 352-8580**

www.sce.com

Provides California Alternate Rates for Energy (CARE) and

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Family Electric Rate Assistance (FERA) programs that give a discount rate for incomequalifying households, as well as a medical baseline discount for household with a medical necessity.

Southwest Gas Company 1 (877) 860-6020

Victorville Office 13471 Mariposa Rd. Victorville, CA 92395

www.swgas.com

Provides CARE and medical baseline programs that give a discount rate to incomequalified customers.

California Lifeline Program 1 (866) 272-0349

Spanish **1 (866) 272-0350**

Universal Lifeline makes local telephone service available to individuals who might not be able to afford phone services. You are eligible to receive a reduced rate on your monthly bill.

California LifeLine

Administrator **1 (877) 858-7463** https://californialifeline.com/en

Assists in lowering the cost of phone bills for eligible households and makes telephone service available to individuals who may not be able to afford phone services. Call with application and renewal questions.

Frontier

Technical support, 24 hrs. a day

1 (800) 239-4430

Residential customer support

1 (800) 921-8101

www.frontier.com

Southern California Gas Company

Gas emergencies/safety issues **1 (800) 427-2200**

Customer service **1 (877) 238-0092**

TDD **1 (800) 252-0259**

www.socalgas.com

Provides a variety of rate discount programs for residents with limited income. Call for additional information.



A CORE Solution (760) 563-6767

14318 California Ave., Ste. 106 Victorville, CA 92392

Call for appointment. HEAP Utility Assistance for gas or electric, once per year if qualified by income and household. City of Victorville water assistance.



American Red Cross

Available 24 hours a day **1 (800) 733-2767**

American Red Cross-Fort Irwin (760) 380-3697 1 (877) 272-7337

1204 Normandy Dr. Fort Irwin, CA 92310

Services to the Armed Forces (SAF) is focused on the emergency services the American Red Cross Inland Empire Chapter provides to

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active duty military, their families, reservists and retirees.

American Red Cross

Armed Forces (909) 888-1481

24-hour case worker **1 (877) 272-7337**

10600 Trademark Pkwy., Ste. 406 Rancho Cucamonga, CA 91730

www.redcross.org

Works with Veterans and their families to assist with the claim process in order to ensure Veterans receive their benefits.

United States Department of Veterans Affairs

Veteran benefits **1 (800) 827-1000**

810 Vermont Ave. NW Washington, D.C. 20420

www.va.gov

United States Department of Veterans Affairs

National call center 1 (877) 424-3838 Help for homeless Veterans. www.va.gov/homeless

Veterans Administration Life Insurance

Support for service members' Group Life Insurance or Veterans Group Life Insurance.

1 (800) 419-1473

All other VA life insurance programs

1 (800) 669-8477

www.va.gov/life-insurance

Veterans Administration Loan Guaranty Service 1 (800) 827-1000

Department of Veterans Affairs VA Regional Loan Center

3333 N. Central Ave. Phoenix, AZ 85012

http://www.benefits.va.gov

California Department of Veterans Affairs 1 (800) 952-5626

TDD

1 (800) 324-5966

www.calvet.ca.gov

Offers disability benefits, education, training, home loans, vocational rehabilitation and employment, life insurance, health care, etc.

Cal-Vet Home Loan Information California Department of Veterans Affairs 1 (866) 653-2507

^{TDD} **1 (800) 324-5966**

www.calvet.ca.gov

VA Loma Linda Medical Center 1 (800) 741-8387 or (909) 825-7084

11201 Benton St. Loma Linda, CA 92357

www.lomalinda.va.gov

Medical center serves Veterans in Riverside and San Bernardino counties.

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) VETERANS AFFAIRS (cont.)

Victorville VA Clinic (760) 951-2599

14598 Seventh St., Ste. B Victorville, CA 92395

Nation's Finest Veterans Resources Center (928) 444-1135

1343 Hancock Rd. Bullhead City, AZ 86442

Empowering Veterans and their families to live at their full potential through homeless prevention, transitional and permanent supportive housing, group and art therapy mental health services, employment assistance and case management.

San Bernardino County Veterans Affairs-Administration (909) 382-3290 1 (866) 472-8387

222 W. Hospitality Ln., 3rd Fl. San Bernardino, CA 92415

Call to obtain business hours.

Hesperia Office (760) 995-8010

15900 Smoke Tree St. Hesperia, CA 92345

Provides information and assistance concerning Veterans' services benefits.

Call to obtain business hours.

Rancho Cucamonga Office (909) 948-6470 (909) 948-6475 Fax

8575 Haven Ave., Ste. 160 Rancho Cucamonga, CA 91730

Call to obtain business hours.

Fort Irwin Office (760) 380-3369

109 Langford Lake Rd., Bldg. 312 Yermo, CA 92310

Call to obtain business hours.

Twentynine Palms Office (760) 228-6341 or (909) 382-3290

73629 Sun Valley Dr. Twentynine Palms, CA 92277

Call to obtain business hours.

Yucca Valley Office (760) 228-5234 or (909) 382-3290

56357 Pima Trl. Yucca Valley, CA 92284

Call to obtain business hours.

Veterans Home of California, Barstow (760) 252-6200 or 1 (800) 746-0606

100 E. Veterans Pkwy. Barstow, CA 92311

The Veterans Home provides California Veterans with a living environment that protects their dignity and contributes to their feeling of self-reliance and self-worth. Nearby Barstow College offers many cultural and educational opportunities for home residents to enjoy.

Veterans Administration Insurance Center 1 (877) 222-8387

www.insurance.va.gov/healthcare

Rancho Cucamonga VA Health/Mental Health Clinic (909) 825-7084 ext. 5085

8160 Day Creek Blvd., Ste. 120 Rancho Cucamonga, CA 91739

www.va.gov/loma-lindahealth-care/locations/ranchocucamonga-va-clinic/

Outpatient clinic for Veterans. Patients are seen by scheduled appointment.

MyVA311 1 (800) 698-2411

National toll free number provides menu options that can be selected to route users to the correct place depending on their inquiry.



AARP-California State Office 1 (866) 448-3615

www.aarp.org



ABA Commission on Law and Aging (202) 662-8690

www.americanbar.org/groups/ law-aging

Alzheimer's Association 1 (800) 272-3900

www.alz.org/socal

American Bankruptcy Institute 1 (866) 921-1027

www.abi.org

Benefits Checkup

www.benefitscheckup.org

California Advocates for Nursing Home Reform 1 (800) 474-1116 (415) 974-5171

www.canhr.org

Center for Medicare Advocacy 1 (800) 633-4227

www.medicareadvocacy.org

Credit.org 1 (800) 436-8157

www.credit.org

Independent non-profit financial counseling agency.

Credit Bureaus: [order credit reports] Equifax www.equifax.com

Experian [formerly TRW]

www.experian.com

Transunion

www.transunion.com

National Academy of Elder Law Attorneys

www.naela.org

National Center on Elder Abuse 1 (855) 500-3537

www.ncea.acl.gov

74 | COUNTYWIDE RESOURCES

National Consumer Voice for Quality Long-Term Care

www.theconsumervoice.org

Justice In Aging (213) 639-0930

3660 Wilshire Blvd., Ste. 718 Los Angeles, CA 90010

www.justiceinaging.org

The Center for Social Gerontology

www.tcsg.org

Administration for Community Living

www.acl.gov

Community Care Licensing Division-Facility Search

www.ccld.dss.ca.gov

San Bernardino County

www.sbcounty.gov

Department of Aging and Adult Services-Public Guardian (DAAS-PG)

http.hss.sbcounty.gov/DAAS

Federal Trade Commission: Consumer Credit Rights

www.ftc.gov

PublicationsUSA.gov

pueblo.gpo.gov

Medicare

www.medicare.gov

National Institute on Aging

www.nia.nih.gov

Advancing Person Centered Living

www.ccal.org

Consumer Reports

www.consumerreports.org

Consumer Advocates

www.consumeradvocates.org

Department of Motor Vehicles

www.dmv.ca.gov

Eldercare Locator

https://eldercare.acl.gov/Public/ Index.aspx

COUNTYWIDE RESOURCES | 75



HELPFUL WEBSITES (cont.)

Long-Term Care Ombudsman 1 (800) 334-9473

https://hss.sbcounty.gov/daas/ programs/Ombudsman.aspx

National Council on Aging

www.ncoa.org

National Council on Aging-Benefits Check Up

www.benefitscheckup.org

Web-based service to screen for benefits programs for seniors with limited income and resources.

National Association of Consumer Advocates

www.consumeradvocates.org

National Consumer Law Center

www.nclc.org

The Center for Social Gerontology

www.tcsg.org

State of California www.ca.gov

State of California Employment Development Department (EDD) (951) 340-4040

www.edd.ca.gov

Inland SoCal 211 Dial 211 or 1 (888) 435-7565

9644 Hermosa Ave. Rancho Cucamonga, CA 91730

www.211sb.com

Provides free and confidential information and referrals 24 hours a day, 7 days a week. Food, clothing, shelter, counseling, health and dental care, employment services, elder assistance and crisis services.



American Association of Retired Persons AARP

Information **1 (888) 687-2277**

www.aarp.org

California Poison Control System (CPCS) 1 (800) 222-1222

https://calpoison.org/

The California Poison Control System (CPCS) is the statewide provider of immediate, free and expert treatment advice and assistance over the telephone in case of exposure to poisonous, hazardous or toxic substances. Call toll free, 24 hours a day, 7 days a week, 365 days a year. Pharmacists, physicians, nurses and poison information providers answer the phones.

Desert Sanctuary Inc.-Haley House (760) 256-3733

Hotline **1 (800) 982-2221** 703 E. Main St. Barstow, CA 92312

https://www.desert-sanctuary. org/

Provides for individuals and families in need, including, but not limited to, those affected by domestic violence.

Community Center Caltrans Highway Information Network Road and Highway Information 1 (800) 427-7623

https://roads.dot.ca.gov/ roadscell.php

Health Insurance Counseling and Advocacy (HICAP) 1 (800) 434-0222 (909) 256-8369

www.hicapsbc.org

Offers free community education, information on Medicare HMOs, long-term care insurance, as well as individual counseling.



Senior Companion Program: AmeriCorps Seniors (909) 384-5413

https://www.sbcity.org/ city_hall/parks_recreation/ senior_services

Senior Companions are volunteers age 55 and over who make a difference by providing assistance and friendship to adults with special needs.

Asian American Resource Center (909) 383-0164

1133 S. E St. San Bernardino, CA 92408

www.aarc-ie.org

California Department of Public Health

Skilled Nursing Facility Consumer Complaints

1 (800) 344-2896

www.cdph.ca.gov

www.ccld.ca.gov www.ccld.dss.ca.gov

Inland Caregiver Resource Center 1 (800) 675-6694

1430 E. Cooley Dr., Ste. 240 Colton, CA 92324

https://inlandcaregivers.org/

Reach Out Morongo Basin Twentynine Palms Senior Center (760) 361-1410

6539 Adobe Rd. Twentynine Palms, CA 92277

Various programs to assist seniors and disabled adults in the Morongo Basin.

California Department of Public Health Licensing and Certification

Skilled Nursing Facility Consumer Complaints

1 (800) 344-2896 (909) 383-4777

www.cdph.ca.gov/ Programs/CHCQ/Pages/ PatientsResidentsFamily

Family Caregiver Alliance 1 (800) 445-8106

www.caregiver.org

Partners Against Violence

24-hour crisis hotline (909) 885-8884

Victorville (760) 952-0041

https://www. partnersagainstviolence.org/

Provides support for survivors of sexual assault and violent crimes.

COUNTYWIDE RESOURCES | 79

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Community Hospice of Victor Valley (760) 946-4730

16147 Kamana Rd. Apple Valley, CA 92307

Inland Caregiver Resource Center (ICRC) (909) 514-1404 1 (800) 675-6694

Call for office hours. 1430 E. Cooley Dr., Ste. 240 Colton, CA 92324

www.inlandcaregivers.com

ICRC, under contract with DAAS-PG, provides caregiver training, caregiver support groups and respite care services to family caregivers who are providing care to individuals age 60 years and older living in Adelanto, Apple Valley, Baker, Barstow, Hesperia, Lucerne Valley, Newberry Springs, Victorville and surrounding areas. ICRC also provides limited homemaker services to lowincome senior citizens 60 years of age or older.

Victor Valley Community Services Council (760) 243-9646

Call for hours of operation.

16692 Mojave Dr., Ste. A Victorville, CA 92395

Under contract with DAAS-PG, provides homemaker chore services and fall prevention services to eligible seniors age 60 or older.



City of Victorville

Senior Home Repair Program (760) 243-1922

14343 Civic Dr. Victorville, CA 92393

Designed to assist low-income homeowners, at least 62 years of age or who are permanently disabled, to make home repairs to correct code violations and unsafe conditions. Assistance is in the form of a one-time grant of at least \$1,000 and not exceeding \$15,000. Call for information.



HOME REPAIR SERVICES (cont.)

Community Action Partnership (CAP) of San Bernardino County (909) 723-1500 1 (800) 635-4618

Energy Education and Environmental Services Program

696 S. Tippecanoe St. San Bernardino, CA 92408

Free weatherization services are available to eligible applicants to improve the energy efficiency of homes. Energy saving services include attic insulation, caulking, water heater blanket, heating/ cooling system repair and other conservation measures.

Inland Caregiver Resource Center (ICRC) (909) 514-1404 1 (800) 675-6694

Minor home repairs and modifications.

Victor Valley Community Services Council

(760) 243-9646

Call for hours of operation.

Minor home repairs and yard clean up.



San Bernardino County Waste Prevention and Landfill

Information line
1 (800) 722-8004

San Bernardino County Household Hazardous Waste (HHW) Program 1 (800) OILY-CAT (645-9228) (909) 382-5401

2824 W St., Bldg. 302 San Bernardino, CA 92408

www.sbcfire.org

Accepted Household Generated Wastes: motor oil, oil filters, antifreeze, auto and household batteries, pesticides, fertilizers, paint products, chemical cleaners pool supplies, personal medications (excluding controlled substances, must separate solids and liquids). See below facilities that accept sharps and electronics.

Not Accepted: business wastes, explosives, medical wastes, appliances, furniture, tires, reactives, radioactive wastes, yard wastes, asbestos. Call **1 (800) OILY-CAT** for additional information.

Apple Valley Public Works Yard (760) 240-7500

13450 Nomwaket Rd. Apple Valley, CA 92308

Also accepts household generated sharps in approved container and electronics.

www.applevalley.org

City of Barstow-Corporation Yard (760) 255-5141

900 S. Avenue H Barstow, CA 92311

Havasu Landing County Fire Station

(760) 858-4395

148808 Havasu Lake Rd. Havasu Lake, CA 92363

Accepts only antifreeze, household/auto batteries, motor oil, oil filters, and latex paint. Call for hours of operation.

Silverlakes/Helendale County Fire Station (760) 245-5022

27089 Helendale Rd. Helendale, CA 92342

Please call first. Accepts only antifreeze, household/auto batteries, motor oil, oil filters and latex paint. Call for hours of operation.

Hesperia Fire Station (760) 947-1603

17443 Lemon St. Hesperia, CA 92345

Also accepts household generated sharps in approved container and electronics. Call for hours of operation.



HOUSEHOLD HAZARDOUS WASTE COLLECTION CENTERS (cont.)

Trona Fire Station 57 (760) 372-5988

83732 Trona Rd. Trona, CA 93562

Also accepts household generated sharps in approved container and electronics. Call for hours of operation.

Medical Centers accepting home-generated sharps/ needles: Colorado River Medical Center (760) 326-7100

1401 Bailey Ave. Needles, CA 92363

Specific materials accepted: home-generated sharps.

San Bernardino County Solid Waste Disposal Site

Information line
1 (800) 722-8004

Call **(909) 382-5401** or **1 (800) OILY-CAT (645-9228)**

to verify operating hours prior to visiting a collection facility. Before transporting waste, call for transportation limits. Call for information on disposal options for business wastes.

Visit www.sbcfire. org/hazmat/hhw.aspx for more information or for collection facilities in San Bernardino County.



www.sbclib.org

Adelanto Branch (760) 246-5661

11497 Bartlett Ave. Adelanto, CA 92301

Apple Valley Newton T. Bass Branch Library (760) 995-8750

14901 Dale Evans Pkwy. Apple Valley, CA 92307

Barstow Branch (760) 256-4850

304 E. Buena Vista St. Barstow, CA 92311

Hesperia Branch (760) 552-6050

9650 7th Ave. Hesperia, CA 92345

Lucerne Valley Branch (760) 248-7521

33103 Old Woman Springs Rd. Lucerne Valley, CA 92356

Needles Branch Library (760) 326-9255

1111 Bailey Ave. Needles, CA 92363

Phelan Memorial Library (760) 868-3053

9800 Clovis Rd. Phelan, CA 92371

Trona Branch Library (760) 372-5847

82805 Mountain View St. Trona, CA 93562

Victorville City Library (760) 245-4222

15011 Circle Dr. Victorville, CA 92395

Wrightwood Branch (760) 249-4577

6011 Pine St. Wrightwood, CA 92397

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Apple Valley Senior Center (760) 247-3155

13188 Central Apple Valley, CA 92308

Barstow Senior Citizens Club (760) 256-5023

555 Melissa Ave. Barstow, CA 92311

Bonnie Baker Senior Center (760) 665-2667

149350 Ukiah Trl. Big River, CA 92242

Hesperia Senior Center (760) 244-3223

9122 Third Ave. Hesperia, CA 92345

Lucerne Valley Senior Club (760) 248-2248

10431 Allen Wy. Lucerne Valley, CA 92351

Percy Bakker Community Center (760) 244-5488

9333 E. Ave. Hesperia, CA 92345

Needles Senior Citizens Center (760) 326-4789

1699 Bailey Ave. Needles, CA 92363

Newberry Springs Senior Center (760) 257-3284

33383 Newberry Rd. Newberry Springs, CA 92365

Meals served daily.

*Not a DAAS-PG contracted senior nutrition site.

*Denotes County nutrition sites.

Phelan Senior Club

Leave a message for call back. (760) 868-8067

4128 Warbler Rd. Phelan, CA 92371

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Pinon Hills Senior Club Answering machine (760) 868-8637

10433 Mountain Rd. Pinon Hills, CA 92372

Trona Community Senior Center (760) 372-5889

13187 Market St. Trona, CA 93562

Victorville Senior Citizens Club (760) 245-5018

14874 S. Mojave Dr. Victorville, CA 92392

Victor Valley Community Services Council

Senior Center Activities (760) 243-9646

16692 Mojave Dr. Victorville, CA 92395

The Victor Valley Community Services Council provides a monthly activity for senior citizens at their location on Mojave Street. Transportation is available.

Wrightwood Community Services District (760) 249-3205

P. O. Box 218 1275 State Highway 2 Wrightwood, CA 92397

Helendale Senior Center (760) 243-5690

15350 Riverview Rd., Bldg. 2 Helendale, CA 92342

El Mirage Senior Club (760) 559-7683

1488 Milton St. El Mirage, CA 92301

Hinkley Community and Senior Center (760) 253-4677

35997 Mountain View Rd. Hinkley, CA 92347



Inland Caregivers Resource Center (ICRC) (909) 514-1404 1 (800) 675-6694

1430 E. Cooley Dr., Ste. 240 Colton, CA 92324

www.inlandcaregivers.com

Provides home care services to eligible seniors and respite care to eligible family caregivers.

VNAcare: Hospice and Palliative Care of Southern California 1 (800) 969-4862 1 (833) 367-2273 (909) 624-3574

2151 E. Convention Center Wy., Ste. 100, Ontario, CA 91764

www.vnasocal.org

Provides home health and hospice care services.



Community Action Partnership (CAP) of San Bernardino County-Energy Education and Environmental Services Program (909) 723-1500 1 (800) 635-4618

696 S. Tippecanoe Ave. San Bernardino, CA 92408

www.capsb.org

Provides weatherization and utility assistance to eligible low-income residents and processes applications for Home Energy Assistance Program.

Rebuilding Together: Mountain Communities (909) 336-3910

P. O. Box 3540 Blue Jay, CA 92317

www.rebuildingtogethermountaincommunities.org

This program helps seniors living in Crestline, Twin Peaks, Lake

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Arrowhead, Green Valley, Arrow Bear, Running Springs, Blue Jay and Valley of Enchantment rehabilitate their homes.



HOUSEHOLD HAZARDOUS WASTE COLLECTION CENTERS

San Bernardino County Waste Prevention and Landfill

Information line **1 (800) 722-8004**

San Bernardino County Hazardous Waste Program 1 (800) OILY-CAT (645-9228) (909) 382-5401

2824 E. W St., Bldg. 302 San Bernardino, CA 92408

www.sbcfire.org

Accepted Household Generated Wastes: motor

oil, oil filters, antifreeze, auto and household batteries, pesticides, fertilizers, paint products, chemical cleaners pool supplies, personal medications (excluding controlled substances, must separate solids and liquids). See below facilities that accept sharps and electronics. **Not Accepted:** business wastes, explosives, medical wastes, appliances, furniture, tires, reactives, radioactive wastes, yard wastes, asbestos.

Call **1 (800) OILY-CAT** for additional information.

Rancho Cucamonga Household Waste (HHW) Facility

8794 Lion St. Rancho Cucamonga, CA 91730

Also accepts electronics. Rancho Cucamonga residents call (909) 919-2635 for sharps/ needles disposal.

Upland City Yard 1 (800) OILY-CAT (645-9228) (909) 382-5401

1370 N. Benson Ave. Upland, CA 91786

Call to verify hours. Also accepts household generated sharps/needles in approved container and electronics.



HOUSEHOLD HAZARDOUS WASTE COLLECTION CENTERS (cont.)

Big Bear Public Works Yard (909) 866-7521

42040 Garstin Dr. Big Bear Lake, CA 92315

Also accepts household generated sharps/needles in approved container. Call Big Bear Disposal at (909) 866-3942 for electronic disposal. For Big Bear residents only.



www.sbclib.org

Upland Library (909) 931-4200

450 N. Euclid Ave. Upland, CA 91786

Archibald Library (909) 477-2720

7368 Archibald Ave. Rancho Cucamonga, CA 91730

www.rcpl.lib.ca.us

Lewis Library and Technology Center (909) 574-4500

8437 Sierra Ave. Fontana, CA 92335

Paul A. Biane Library at Victoria Gardens (909) 477-2720

12505 Cultural Center Dr. Rancho Cucamonga, CA 91739

www.rcpl.lib.ca.us

Lake Arrowhead Branch (909) 337-3118

27235 Highway 189 Blue Jay, CA 92317

Running Springs Branch (909) 867-3604

2477 Whispering Pines Dr. Running Springs, CA 92382

Crestline Branch (909) 338-3294

24105 Lake Gregory Dr. Crestline, CA 92325

90 SECOND DISTRICT



Fontana Community Senior Center (909) 854-5151

16710 Ceres Ave. Fontana, CA 92335

UPLAND George M. Gibson Senior Center (909) 981-4501

250 N. Third Ave. Upland, CA 91786

www.ci.upland.ca.us/#GSC_ senior-center

Crest Forest Senior Citizens Club-Leisure Shores (909) 338-5036

24658 San Moritz Dr. Crestline, CA 92325

RANCHO CUCAMONGA James L. Brulte Senior Center (909) 477-2780

11200 Baseline Rd. Rancho Cucamonga, CA 91737 www.rcpark.com/seniors/



Reach Out Morongo Basin (760) 361-1410

6539 Adobe Rd. Twentynine Palms, CA 92277

www.reachoutmb.org

Provides home care services to eligible older adults and respite care to eligible family caregivers in the Morongo Basin.

Inland Caregivers Resource Center (ICRC) (909) 514-1404 1 (800) 675-6694

1430 E. Cooley Dr., Ste. 240 Colton, CA 92324

www.inlandcaregivers.com

Provides home care services to eligible older adults and respite care to eligible family caregivers.

VNAcare: Hospice and Palliative Care of Southern California

1 (800) 969-4862 (909) 624-3574

2151 E. Convention Center Wy. Ste. 100, Ontario, CA 91764

www.vnasocal.org

Provides home health and hospice care services.

HOME REPAIR SERVICES

Community Action Partnership (CAP) of San Bernardino County-Energy Education and Environmental Services Program (909) 723-1500 1 (800) 635-4618

696 S. Tippecanoe Ave. San Bernardino, CA 92408

www.capsb.org

Provides weatherization and utility assistance to eligible low-income residents and processes applications for Home Energy Assistance Program.



CENTERS San Bernardino County Waste Prevention and Landfill

HOUSEHOLD HAZARDOUS WASTE COLLECTION

Information line
1 (800) 722-8004

San Bernardino County Hazardous Waste Program 1 (800) OILY-CAT (645-9228) (909) 382-5401

2824 E. W St., Bldg. 302 San Bernardino, CA 92408

www.sbcfire.org

Accepted Household Generated Wastes: motor oil, oil filters, antifreeze, auto and household batteries, pesticides, fertilizers, paint products, chemical cleaners pool supplies, personal medications (excluding controlled substances, must separate solids and liquids). See below facilities that accept sharps and electronics.

Not Accepted: business wastes, explosives, medical wastes, appliances, furniture, tires, reactives, radioactive wastes, yard wastes, asbestos.

City of Barstow-Corporation Yard (760) 255-5126

900 S. H Ave. Barstow, CA 92311

Also accepts household generated sharps/needles in approved container. Call Burrtec at (760) 256-2730 for electronic disposal.

City of Big Bear Lake-Public Service Yard (909) 866-7521

42040 Garstin Dr. Big Bear Lake, CA 92315

Also accepts household generated sharps/needles in approved container. Call Big Bear Disposal for electronic disposal.



HOUSEHOLD HAZARDOUS WASTE COLLECTION CENTERS (cont.)

Joshua Tree-West of Solid Management Bldg. 1 (800) 645-9228 or (760) 365-2015

62499 Twentynine Palms Hwy. Joshua Tree, CA 92252

Also accepts household generated sharps/needles in approved container.

Yucca Valley Burrtec Waste and Recycling Services

For electronic disposal only **(760) 365-2015**

4878 Newton Rd. Yucca Valley, CA 92284

Redlands Corporate Yard and Police Department

1270 W. Park Ave. Redlands, CA 92375

Redlands residents call (909) 798-7600 for sharps/ needles disposal. Also accepts electronics.

Lucerne Valley

Behind Lucerne Valley Fire Station.

(760) 248-7322

33269 Old Woman Springs Rd. Lucerne Valley, CA 92356

Accepts only antifreeze, household/auto batteries, motor oil, oil filters, and latex paint. Also accepts household generated sharps/needles in approved container and electronics.

San Bernardino SBD International Airport

2824 E. W St., Bldg. 302 San Bernardino, CA 92408

(909) 382-5401

Also accepts household generated sharps/needles in approved container and electronics.

County Solid Waste Disposal Site

Information line **1 (800) 722-8004**

Household Hazardous Waste Facility **(909) 382-5401**



Twentynine Palms Branch Twentynine Palms Public Library (760) 367-9519

6078 Adobe Rd. Twentynine Palms, CA 92277

Yucca Valley Branch (760) 228-5455

57098 Twentynine Palms Hwy. Yucca Valley, CA 92399

Joshua Tree Branch (760) 366-8615

6465 Park Blvd. Joshua Tree, CA 92252

Big Bear Lake Branch (909) 866-5571

41930 Garstin Dr. Big Bear Lake, CA 92315

Grand Terrace Branch (909) 783-0147

22795 Barton Rd. Grand Terrace, CA 92313

Highland Sam J. Racadio Library and Environmental Learning Center (909) 798-8490

7863 Central Ave. Highland, CA 92346

A.K. Smiley Public Library (909) 798-7565

125 W. Vine St. Redlands, CA 92373

Mentone Senior Center and Library (909) 794-0327

1331 Opal Ave. Mentone, CA 92359

Loma Linda Branch (909) 478-7191

25581 Barton Rd. Loma Linda, CA 92354

Yucaipa Branch (909) 918-2380

12040 5th St. Yucaipa, CA 92399

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Barstow Branch (760) 256-4850

304 E. Buena Vista St. Barstow, CA 92311

Crestline Branch (909) 338-3294

24105 Lake Gregory Dr. Crestline, CA 92325

Lake Arrowhead Branch (909) 337-3118

27235 Highway 189 Blue Jay, CA 92317

Running Springs Branch (909) 867-3604

2677 Whispering Pines Dr. Running Springs, CA 92382



Barstow Senior Center (760) 256-5023

555 Melissa Ave. Barstow, CA 92311

Big Bear Valley Senior Center (909) 584-0323

42651 Big Bear Blvd. Big Bear Lake, CA 92315

Highland Senior Center (909) 862-8104

3102 E. Highland Ave. Patton, CA 92346

Joshua Tree Community Center (760) 366-8415

6171 Sunburst Ave. Joshua Tree, CA 92252

Loma Linda Senior Center (909) 799-2820

25571 Barton Rd. Loma Linda, CA 92354

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Lucerne Valley Senior Center (760) 248-2248

10431 Allen Wy. Lucerne Valley, CA 92356

Mentone Senior Center and Library (909) 794-5280

1331 Opal Ave. Mentone, CA 92359

Redlands Community Senior Center (909) 798-7579

111 W. Lugonia Ave. Redlands, CA 92373

Redlands Joslyn Senior Center (909) 798-7550

21 Grant St. Redlands, CA 92373

Yucaipa Senior Center (909) 797-1177

12202 First St. Yucaipa, CA 92399 Yucca Valley Senior Center Nutrition site

(760) 257-5761

57088 Twentynine Palms Hwy. Yucca Valley, CA 92284

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HOME CARE SERVICES

VNAcare: Hospice and Palliative Care of Southern California 1 (800) 969-4862 1 (833) 367-2273 (909) 624-3574

2151 E. Convention Center Wy. Ste. 100, Ontario, CA 91764

www.vnasocal.org

Provides home health and hospice care services.

Inland Caregiver Resource Center (ICRC) (909) 514-1404 1 (800) 675-6694

1430 E. Cooley Dr., Ste. 240 Colton, CA 92324

www.Inlandcaregivers.com

ICRC, under contract with the Department of Aging and Adult Services - Public Guardian (DAAS-PG), provides adult day care and minor residential repairs and chore services through funding from the Older Americans Act. Additionally, caregiver training, caregiver support groups and respite care services are provided to family caregivers who are providing care to individuals age 60 years and older under the National Family Caregiver Support Program.



City of Chino Home Improvement Program (909) 334-3272

13220 Central Ave. Chino, CA 91710

P. O. Box 667 Chino, CA 91708

Loan and grant programs available to Chino residents.

Neighborhood Partnership Housing Services (NPHS) (909) 988-5979

9551 Pittsburg Ave. Rancho Cucamonga, CA 91730

Must be a resident of San Bernardino County or Riverside County. Loans for home improvements. Some small home repairs. Community Action Partnership (CAP) of San Bernardino County-Energy Education and Environmental Services Program (909) 723-1500 1 (800) 635-4618

696 S. Tippecanoe Ave. San Bernardino, CA 92408

www.capsb.org

Provides weatherization and utility assistance to eligible low-income residents and processes applications for Home Energy Assistance Program.

Inland Caregivers Resource Center (ICRC) (909) 514-1404 1 (800) 675-6694

1430 E. Cooley Dr., Ste. 240 Colton, CA 92324 www.inlandcaregivers.com

City of Upland (909) 931-4300

Housing Division/Economic Development

460 N. Euclid Ave. Upland, CA 91786

https://www.uplandca.gov/

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HOUSEHOLD HAZARDOUS WASTE COLLECTION CENTERS

San Bernardino County Waste Prevention and Landfill

Information line 1 (800) 722-8004

San Bernardino County Hazardous Waste Program

1(800) OILY-CAT (645-9228) (909) 382-5401

2824 E. W St., Bldg. 302 San Bernardino, CA 92408

www.sbcfire.org

Accepted Household Generated Wastes: motor oil, oil filters, antifreeze, auto and household batteries, pesticides, fertilizers, paint products, chemical cleaners pool supplies, personal medications (excluding controlled substances, must separate solids and liquids). See below facilities that accept sharps and electronics.

Not Accepted: business wastes, explosives, medical wastes, appliances, furniture, tires, reactives, radioactive Call **1 (800) OILY-CAT** or **(909) 382-5401** for additional information.

City of Montclair (909) 625-9472

Trash and Sewer www.cityofmontclair.org

City of Ontario Recycle Hotline (909) 395-2040

1430 S. Cucamonga Ave. Ontario, CA 91761

Also accepts household generated sharps/needles in approved containers and electronics. Call for center hours.

Montclair Medical Clinic

Days **(909) 281-5800**

Evenings **(909) 240-3808**

5050 San Bernardino St. Montclair, CA 91763

https://wwcityofmontclair.org/ montclair-medical-clinic/ To dispose of used containers for household sharps or to obtain new containers, please visit the clinic.

City of Chino Public Works Service Center (909) 334-3266

5050 Schaefer Ave. Chino, CA 91710

www.cityofchino.org/ government-services/ publicworks

Also accepts electronics. Call 1 (800) OILY-CAT for nearest facility accepting household generated sharps/needles in approved container. Does not accept sharps/needles.

Chino Library (909) 465-5280

13180 Central Ave. Chino, CA 91710

Cal Aero Preserve Academy Branch Library (909) 606-2173

15850 Main St. Chino, CA 91708

James S. Thalman Chino Hills Branch Library (909) 590-5380

14020 City Center Dr. Chino Hills, CA 91709

Montclair Branch Library (909) 624-4671

9955 Fremont Ave. Montclair, CA 91763

Ovitt Family Community Library (909) 395-2004

215 E. C St. Ontario, CA 91764

FOURTH DISTRICT | 101



Upland Public Library (909) 931-4200

450 N. Euclid Ave. Upland, CA 91786



Chino Senior Center (909) 591-9836

13170 Central Ave. Chino, CA 91710

Chino Hills Community Center (909) 364-2826

14250 Peyton Dr. Chino Hills, CA 91709

Montclair Community Center (Senior Center) (909) 625-9488

5111 Benito St. Montclair, CA 91763

Ontario Senior Center (909) 395-2021

225 E. B St. Ontario, CA 91764

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HOME CARE SERVICES

Inland Caregivers Resource Center (ICRC) (909) 514-1404 1 (800) 675-6694

1430 E. Cooley Dr., Ste. 240 Colton, CA 92324

www.inlandcaregivers.com

Provides home care services to eligible older adults and respite care to eligible family caregivers.

VNAcare: Hospice and Palliative Care of Southern California 1 (800) 969-4862 1 (833) 367-2273 (909) 624-3574

2151 E. Convention Center Wy., Ste. 100, Ontario, CA 91764

www.vnasocal.org

Provides home health and hospice care services.

Senior Companion Program City of San Bernardino (909) 384-5413

600 W. 5th St. San Bernardino, CA 92410

www.sbcity.org/cityhall/parks

The Senior Companion Program provides limited assistance from a senior volunteer at no cost. Senior companions can assist with grocery shopping and errands, getting to doctor appointments and providing companionship.



HOME REPAIR SERVICES

Community Action Partnership (CAP) of San Bernardino County (909) 723-1500 1 (800) 635-4618

696 S. Tippecanoe Ave. San Bernardino, CA 92408

www.capsb.org

Provides weatherization and utility assistance to eligible low-income residents and processes applications for Home Energy Assistance Program.



HOUSEHOLD HAZARDOUS WASTE COLLECTION CENTERS

San Bernardino County Waste Prevention and Landfill

Information line **1 (800) 722-8004**

San Bernardino County Hazardous Waste Program 1 (800) OILY-CAT (645-9228) (909) 382-5401

2824 E. W St., Bldg. 302 San Bernardino, CA 92408

www.sbcfire.org

Accepted Household Generated Wastes: motor oil, oil filters, antifreeze, auto and household batteries, pesticides, fertilizers, paint products, chemical cleaners pool supplies, personal medications (excluding controlled substances, must separate solids and liquids). See below facilities that accept sharps and electronics.

Not Accepted: business wastes, explosives, medical wastes, appliances, furniture, tires, reactives, radioactive wastes, yard wastes, asbestos.

Call **1 (800) OILY-CAT** for additional information.

County Solid Waste Disposal Site

Information line 1 (800) 722-8004

www.sbcounty.gov/dpw/ solidwaste

Fontana Public Works (909) 350-6760

16454 Orange Wy. Fontana, CA 92335



Bloomington Branch Library (909) 820-0533

18028 Valley Blvd. Bloomington, CA 92316

Kaiser High School Public Library-Fontana (909) 357-5900

11155 Almond Ave. Fontana, CA 92337

Summit Branch Library (909) 357-5950, ext. 15113

15551 Summit Ave. Fontana, CA 92336

Lewis Library and Technology Center-Fontana (909) 574-4500

8437 Sierra Ave. Fontana, CA 92335

www.sbclib.org

Carter Branch Library (909) 854-4100, ext. 28148

2630 N. Linden Ave. Rialto, CA 92377

Norman F. Feldheym Central Library-San Bernardino (909) 381-8201

555 W. 6th St. San Bernardino, CA 92410

www.sbpl.org

Dorothy Inghram Branch Library-San Bernardino (909) 887-4494

1505 W. Highland Ave. San Bernardino, CA 92411

www.sbpl.org

Howard M. Rowe Branch Library-San Bernardino (909) 883-3411

108 E. Marshall Blvd. San Bernardino, CA 92404

www.sbpl.org

Paul Villasenor Branch Library-San Bernardino (909) 383-5156

525 N. Mount Vernon Ave. San Bernardino, CA 92411

FIFTH DISTRICT | 105



SENIOR CENTERS

Home of Neighborly Services (909) 885-3491

839 N. Mount Vernon Ave. San Bernardino, CA 92411

Lawrence Hutton Senior Center (909) 370-6168

660 Colton Ave. Colton, CA 92324

Fontana Community Senior Center (909) 854-5151

16710 Ceres Ave. Fontana, CA 92335

Luque Senior Center (909) 370-5087

292 E. O St. Colton, CA 92324

George White Senior Center (909) 822-4493

8565 Nuevo Ave. Fontana, CA 92335

Hutton Senior Center (909) 370-6168

660 Colton Ave. Colton, CA 92324

Perris Hill Senior Center (909) 384-5436

780 E. 21st St. San Bernardino, CA 92404

Grace Vargas-Rialto Senior Center (909) 877-9706

1411 S. Riverside Ave. Rialto, CA 92376

San Bernardino 5th Street Senior Center (909) 384-5430

600 W. 5th St. San Bernardino, CA 92410

106 | **FIFTH** DISTRICT

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The Department of Aging and Adult Services - Public Guardian

The DAAS-PG is a San Bernardino agency dedicated to helping older adults and at risk individuals to improve or maintain choice, independence and quality of life. The department works to ensure older adults and individuals with disabilities have the right to age in place in the least restrictive environment.

http://hss.SBCounty.gov/daas



Aging and Adult Services Public Guardian

784 E. Hospitality Ln., San Bernardino, CA 92415

Senior Information and Assistance (SIA) 1 (800) 510-2020

Aging and Adult Services - Public Guardian has endeavored to ensure that the information in this publication is correct and current at the time of printing, but takes no responsibility for any error, omission or defect therein, information provided in this publication is intended to provide general information only. Information compiled Spring 2023.